**PDF Form Guide - Free from attheraces.com with**

(R1) 16:45 NEWCASTLE (A.W.), 1m 4f 98y
Betway Casino Handicap (Class 4) (4YO plus)

<table>
<thead>
<tr>
<th>No(Dr)</th>
<th>Silk</th>
<th>Form</th>
<th>Horse Details</th>
<th>Age/Wt</th>
<th>Jockey/Trainer</th>
<th>OR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (3)</td>
<td>4732-12</td>
<td>STAR OF SOUTHWOLD (FR) 9 BF</td>
<td>bl g Le Havre - Into The Wild</td>
<td>4 9 - 7</td>
<td>Alistair Rawlinson M Appleby</td>
<td>85</td>
</tr>
</tbody>
</table>

Jockey Colours: Light blue, orange epaulettes

**Timeform says:** Creditable second of 5 in handicap (2/1) at Wolverhampton (9.5f) 9 days ago, unsuited by emphasis on speed. Of interest back up in trip. (Forecast 3.50)

| 2 (2)  | 84358/7 | RED TORNADO (FR) 24 | ch g Dr Fong - Encircle | 7 9 - 6 | Jason Hart C W Fairhurst | 82 |

Jockey Colours: Red and royal blue (quartered), red sleeves, royal blue armlets, striped cap

**Timeform says:** First run since leaving Dan Skelton when seventh of 8 in handicap (50/1) at this course (16.2f) 24 days ago, not ideally placed. Down in trip. (Forecast 23.00)

| 3 (6)  | 28243-4 | NATIVE FIGHTER (IRE) 14 D BF | b g Lawman - Night Of Magic | 5 9 - 4 | J Garritty Jedd O'Keeffe | 80 |

Jockey Colours: Pink, large white spots

**Timeform says:** 5/2, first run since leaving Simon Dow when fourth of 7 in handicap at this C&D 14 days ago. Entitled to improve from that and the one to beat. (Forecast 3.25)

| 4 (5)  | 052-115 | GLAN Y GORS (IRE) 14 CD | b g High Chaparral - Trading Places | 7 8 - 12p | C Lee D Thompson | 74 |

Jockey Colours: Orange, white stars, armlets and star on cap

**Timeform says:** C&D winner. Latest win here in January, 11/1, fifth of 7 in handicap at this C&D 14 days ago. Needs to improve in this company. (Forecast 15.00)

| 5 (4)  | 416945- | RESTIVE (IRE) 56 D | b g Rip Van Winkle - I Haveyou Knocking | 6 8 - 9 | Jamie Gormley (3) J S Goldie | 71 |

Jockey Colours: Black, yellow sleeves, black armlets, black cap, yellow stars

**Timeform says:** Latest win at Muselburgh in September. Tongue strap on for 1st time, below form fifth of 12 in handicap at this C&D (16/1) 58 days ago. Easy to look elsewhere. (Forecast 17.00)

| 6 (1)  | 125-411 | ROYAL COSMIC (EX6) 10 CD | b m Wootton Bassett - Cosmic Case | 5 8 - 9 | S P Davis (5) R A Fahey | 71 |

Jockey Colours: Emerald green and white (quartered), hooped sleeves, black cap

**Timeform says:** Career best when winning 10-runner handicap (8/2) at this C&D 10 days ago, plenty in hand. Very promising claimer takes over in the saddle but this is quite a step up in class. (Forecast 3.75)

Long Handicap: Restive 8 - 8, Royal Cosmic 8 - 6
<table>
<thead>
<tr>
<th>No(Dr)</th>
<th>Silk</th>
<th>Form</th>
<th>Horse Details</th>
<th>Age/Wt</th>
<th>Jockey/Trainer</th>
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<tbody>
<tr>
<td>1 (1)</td>
<td>47934-7</td>
<td>GUN CASE</td>
<td>24 CD</td>
<td>7/9 - 10v</td>
<td>Andrew Breslin A C Whillans</td>
<td>62</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b g Showcasing - Bassinet               &amp; Jockey Colours: Royal blue and white diamonds, royal blue sleeves, white seams, quartered cap</td>
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<td>Timeform says: 3-time C&amp;D winner. Seventh of 9 in handicap at this C&amp;D (8f) 24 days ago, needing stronger gallop. Each-way claims back in a class 6. (Forecast 13.50)</td>
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<tr>
<td>2 (5)</td>
<td>3703-92</td>
<td>SCENARIO</td>
<td>21 C D</td>
<td>4/9 - 7</td>
<td>Megan Nicholls Mrs Marjorie File</td>
<td>59</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ch g Elainad - Widescreen               &amp; Jockey Colours: Orange, dark blue hoops, armlets and star on cap</td>
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<td>Timeform says: Good second of 14 in handicap at this C&amp;D (14/1) 21 days ago. May be the case that this trip suits him better than 6f and holds each-way claims. (Forecast 10.00)</td>
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<tr>
<td>3 (7)</td>
<td>0583-14</td>
<td>THUNDER BUDDY</td>
<td>33 D BF</td>
<td>4/9 - 7</td>
<td>Jonathan Fisher K R Burke</td>
<td>59</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b g Mayson - Inchoonan                    &amp; Jockey Colours: Royal blue, red seams, striped sleeves, red cap, royal blue star</td>
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<td>Timeform says: Winner at Southwell in January. 7/2, bit below form fourth of 10 in handicap at Southwell (8 f) 33 days ago, finding test too much. Makes tapeta debut. (Forecast 13.50)</td>
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<td>4 (6)</td>
<td>2541-74</td>
<td>ROARING RORY</td>
<td>15 C BF</td>
<td>6/9 - 7</td>
<td>Ben Sanderson Ollie Pears</td>
<td>59</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ch g Sakhee's Secret - Barbieri             &amp; Jockey Colours: Dark blue, yellow star, checked sleeves, yellow cap</td>
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<td>Timeform says: Course winner. Latest win here in November. 4/1, respectable fourth of 9 in handicap at this course (6f) 15 days ago. Can give a good account without posing serious threat to principals. (Forecast 17.00)</td>
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<tr>
<td>5 (2)</td>
<td>0009-11</td>
<td>LION HEARTED</td>
<td>(IRE) 15 CD</td>
<td>5/9 - 6</td>
<td>Mark Crehan (3) M Appleby</td>
<td>58</td>
</tr>
<tr>
<td></td>
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<td>b g Lope De Vega - Ros The Boss                   &amp; Jockey Colours: Dark blue, light green epauletts, armlets and cap</td>
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<td>Timeform says: Won both starts for new stable this year with consummate ease, finds himself 13 lb higher here but suspicion he's still well ahead of the handicapper. Should be hard to beat. (Forecast 2.38)</td>
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<tr>
<td>6 (3)</td>
<td>567-553</td>
<td>THORNTOUN LADY</td>
<td>(USA) 15</td>
<td>9/9 - 2</td>
<td>Corey Madden (5) J S Goldie</td>
<td>54</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b m Hennythenavigator - Valery Lady            &amp; Jockey Colours: Pink, royal blue chevrons and armlets</td>
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<td>Timeform says: 12/1, creditable third of 9 in handicap at this course (6f) 15 days ago, nearest finish. Others make more appeal. (Forecast 17.00)</td>
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<tr>
<td>7 (8)</td>
<td>05264-4</td>
<td>BLACK HAMBLETON</td>
<td>43 CD</td>
<td>6/9 - 0</td>
<td>Harry Russell (3) B Smart</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b g Dick Turpin - Duena                      &amp; Jockey Colours: Black and yellow diamonds, black sleeves, red armlets and diamond on black cap</td>
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<td>Timeform says: C&amp;D winner. 12/1, respectable fourth of 11 in handicap at Chealmsford City (7f) 43 days ago. Needs a couple of these to fall. (Forecast 15.00)</td>
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<tr>
<td>8 (9)</td>
<td>20231-4</td>
<td>I AM DANDY (IRE)</td>
<td>34 CD</td>
<td>4/9 - 0t</td>
<td>Russell Harris (3) J P L Ewart</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td></td>
<td>b g Dandy Man - Acushladear                   &amp; Jockey Colours: Emerald green, yellow seams, dark blue sleeves, yellow seams, hooped cap</td>
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**TIMEFORM VIEW:** LION HEARTED is in search of the hat-trick on just his third run for Mick Appleby, and whilst he's now 13 lb higher, it is likely he'll be too good for this opposition. It is telling that connections have put him in another apprentice handicap, presumably hoping to win and go again next week without a penalty (entered here on Monday). Scenery and Gun Case can fight out the places.
**R3 17:45 NEWCASTLE (A.W.), 1m 5y**
Ladbroke's Fillies' Novice Stakes (Class 5) (3YO plus)

- **No/(D)**: 1 (3)
- **Silk**: 21
- **Form**: QUILA SAEDA (GER) 230
- **Age/Wt**: 5 10 - 5
- **Jockey/Trainer**: Alistair Rawlinson - M Appleby

**Jockey Colours**: Emerald green, red triple diamond, striped sleeves and star on cap

**Timeform says**: Promising sort. Won 5-runner maiden at Chelmsford City (7f, 1/8) 13 days ago on her second career start. Hard to oppose once again. (Forecast 1.29)

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- **No/(D)**: 2 (1)
- **Silk**: 2-1
- **Form**: ORCHID STAR 13
- **Age/Wt**: 3 9 - 0
- **Jockey/Trainer**: D Tudhope - C Appleby

**Jockey Colours**: Royal blue

**Timeform says**: Promising sort. Won 5-runner maiden at Chelmsford City (7f, 1/8) 13 days ago on her second career start. Hard to oppose once again. (Forecast 1.29)

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- **No/(D)**: 3 (5)
- **Silk**: 5
- **Form**: AL DAAyen (FR) 17
- **Age/Wt**: 3 8 - 7
- **Jockey/Trainer**: F Norton - M Johnston

**Jockey Colours**: Maroon, white stars, striped sleeves, maroon cap

**Timeform says**: Onced-raced maiden. 28/1, third of 7 in minor event at Wolverhampton (6f, 7f) on debut 17 days ago. Needs to improve. (Forecast 1.70)

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**Timeform View**: ORCHID STAR won a five-runner race earlier in the month at prohibitive odds and it's very likely that will be the case once again. A repeat of her two career efforts to date would likely see off these rivals very easily. Quila Saeda is an intriguing runner on her British debut. Farrdhana is a newcomer to watch in the market.

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**Timeform 1-2-3**: 1: ORCHID STAR (2) 2: QUILA SAEDA (1) 3: FARRDHANA (4)

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**R4 18:15 NEWCASTLE (A.W.), 1m 5y**
Follow Sunracing On Twitter Handicap (Class 4) (4YO plus)

- **No/(D)**: 1 (1)
- **Silk**: 0667-88
- **Form**: CONTRAST (IRE) 24
- **Age/Wt**: 5 9 - 11
- **Jockey/Trainer**: Josh Quinn (7) - M W Easterby

**Jockey Colours**: White, brown seams, white sleeves and cap

**Timeform says**: Latest win at Chester in September. Ninth of 11 in handicap (9/1) at Chester (7f, good), having hopeless task from position. Off 139 days. (Forecast 6.00)

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- **No/(D)**: 2 (4)
- **Silk**: 13493-3
- **Form**: HELOVAPLAN (IRE) 34 D
- **Age/Wt**: 5 9 - 11
- **Jockey/Trainer**: D Tudhope - B Smart

**Jockey Colours**: Yellow, red hoops, checked sleeves

**Timeform says**: Latest win at Chester in September. Ninth of 11 in handicap (9/1) at Chester (7f, good), having hopeless task from position. Off 139 days. (Forecast 6.00)

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**Timeform View**: HELOVAPLAN should be good enough to win a very uncompetitive handicap, as he ran creditably here last month after a short break. A repeat of that effort would see him go close in this company. Saisons d’Or is of interest given how well he ran here after a break in 2018. Intense Style makes the most appeal of the remaining trio.

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**Timeform 1-2-3**: 1: HELOVAPLAN (2) 2: SAIENS D’OR (4) 3: INTENSE STYLE (3)
<table>
<thead>
<tr>
<th>No(Dr)</th>
<th>Silk</th>
<th>Form</th>
<th>Horse Details</th>
<th>Age/Wt</th>
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<th>OR</th>
</tr>
</thead>
</table>
| 1 (7)  | 0374-78 | TOMMY G | 21 D  
ch g Makfi - Primo Heights | 6 9 - 9 | Phil Dennis (3) J S Goldie | 77 |

Jockey Colours: Black, yellow sleeves, black armbelts, black cap, yellow stars

Timeform says: Three wins from 21 runs last year. Last of 8 in handicap (5/1) at this C&D 21 days ago. Dangerous now he finds himself back in a class 5 race.  
Notes:  
Forecast 6.00

| 2 (2)  | 286-363 | JACK THE TRUTH | (IRE) 10 D  
ch g Dandy Man - Friendly Heart | 5 9 - 7 | George Wood George Scott | 75 |

Jockey Colours: Red, white stripe, white sleeves, red armblets, red and white striped cap

Timeform says: Eleven runs since last win in 2018. 8/1, respectable third of 10 in handicap at this course (5) 10 days ago, running on. Suspicion the extra furlong will suit and should go close.  
Notes:  
Forecast 4.50

| 3 (3)  | 3986-66 | PRINCELY | 20 D  
b c Compton Place - Royal Award | 4 9 - 4p1 | Alistair Rawlinson M Appleby | 72 |

Jockey Colours: White and royal blue stripes, royal blue sleeves, white stars, white cap, royal blue star

Timeform says: Sixth of 8 in handicap (4/1) at Chelmsford City (5f) 20 days ago. Makes tapeta debut. Cheekpieces on 1st time.  
Notes:  
Forecast 9.00

| 4 (5)  | 613   | DAWN DELIGHT | 18 CD  
b f Dawn Approach - Al Mahmeyah | 4 9 - 3 | P Mulvannan Hugo Palmer | 71 |

Jockey Colours: White, dark blue and white check sleeves, dark blue cap

Timeform says: Thrice-raced winner. C&D winner. 9/4, third of 5 in minor event at Wolverhampton (7.2f) 18 days ago. More required on handicap debut but isn't impossible she finds it.  
Notes:  
Forecast 5.00

| 5 (1)  | 931-117 | DEEDS NOT WORDS | (IRE) 21 D  
b g Royal Applause - Wars | 8 9 - 2 | Barry McHugh Miss Tracy Waggott | 70 |

Jockey Colours: White, maroon epaulets, hooped sleeves, quartered cap

Timeform says: Four wins from 24 runs last year. Latest win at Lingfield in January. First run since leaving Michael Wigham when seventh of 8 in handicap at this C&D (25/1) 21 days ago. This is a little easier.  
Notes:  
Forecast 13.00

| 6 (4)  | 3192-63 | LUCKY LODGE | 15 CD  
b g Lucky Story - Melandre | 9 9 - 1b | Cam Hardie Antony Brittain | 69 |

Jockey Colours: Maroon and yellow check, maroon sleeves, yellow cap

Timeform says: C&D winner. Five wins from 22 runs last year. Latest win here in November. Creditable neck third of 8 to Epeius in handicap (7/1) at this C&D 15 days ago. Others more persuasive.  
Notes:  
Forecast 9.00

| 7 (6)  | 8627-31 | EPEIUS | (IRE) 15 CD  
b g Arakan - Gilda Lilly | 6 8 - 13v | A Mullen B M R Haslam | 67 |

Jockey Colours: Dark blue, dark blue cap, pink spots

Timeform says: 9/2 and visored for 1st time, didn't need to improve to win 8-runner handicap at this C&D 15 days ago. Each-way claims once again but needs to find more improvement.  
Notes:  
Forecast 6.50

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# Horse Race Form Guide

## (R6) 19:15 NEWCASTLE (A.W.), 6f

### Play 4 To Score At Betway Handicap (Class 6) (4YO plus)

<table>
<thead>
<tr>
<th>No(Dr)</th>
<th>Silk</th>
<th>Form</th>
<th>Horse Details</th>
<th>Age/Wt</th>
<th>Jockey/Trainer</th>
<th>OR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (4)</td>
<td>0495-23</td>
<td>STEELRIVER (IRE) 29 D</td>
<td>b g Ifraaj - Numerus Clausus</td>
<td>9 9 - 7</td>
<td>Phil Dennis (3)</td>
<td>M Herrington</td>
</tr>
</tbody>
</table>

**Jockey Colours:** Dark blue, beige hollow box

**Timeform says:** Three wins from 75 Flat runs. Fifty five runs since last win in 2014. Creditable third of 11 in handicap at this course (5f, 6/1) 29 days ago, faring best of those held up.  

| 2 (5) | 435857- | MILTON ROAD 219 D | b g Mazameer - Blakeshala Girl | 4 9 - 7 | D Tudhope | Rebecca Bastiman | 60 |

**Jockey Colours:** Maroon, dark blue stars

**Timeform says:** Twelve runs since last win in 2017, 15/2, seventh of 9 in handicap at Catterick (7f, good to firm). Off 7 months and has had wind surgery. One to watch in the market.  

| 3 (2) | 658-1 | GINGER JAM 15 CD | ch g Major Cadeaux - Day By Day | 4 9 - 6 | Faye McManoman | (5) N Tinkler | 59 |

**Jockey Colours:** Light green, dark green chevrons, white sleeves and cap

**Timeform says:** Lightly-raced winner. Career best when winning 9-runner handicap at this C&D (7f) 15 days ago, keeping on well. That was only his fourth run and may be up to winning once again.  

| 4 (3) | 241271- | ROCKLEY POINT 108 D | b g Canford Cliffs - Statua | 6 9 - 5 | Jason Hart | Miss Kallie Scott | 58 |

**Jockey Colours:** Royal blue, pink diamond and armlets, white cap

**Timeform says:** Didn’t need to improve to win 13-runner handicap (3/1) at Catterick (5f, good to soft), well drawn. Off 108 days. Shortlist material.  

| 5 (1) | 8060-63 | LORD COOPER 11 D BF | b g Sir Percy - Zooming | 5 9 - 2p | Barry McHugh | Mrs Marjorie Fife | 55 |

**Jockey Colours:** Light green, dark green chevrons, purple sleeves and cap

**Timeform says:** Lightly-raced winner. Career best when winning 9-runner handicap at this course (7f) 21 days ago. Blinkers on 1st time.  

| 6 (9) | 6048-80 | ESSENTIAL 21 | b g Pivotali - Something Blue | 5 9 - Ob1 | Rachel Richardson | Oly Williams | 53 |

**Jockey Colours:** Pink, black spots, white sleeves and cap

**Timeform says:** Eleven runs since last win in 2018, 20/1, tenth of 14 in handicap at this course (7f) 21 days ago. Blinkers on 1st time. Has work to do.  

| 7 (8) | 74895-4 | QUEEN OF KALAHARI 44 D BF | b f Lethal Force - Aromatherapy | 4 8 - 13 | J P Sullivan | J L Eyre | 52 |

**Jockey Colours:** White, maroon stripe, striped sleeves, light blue cap

**Timeform says:** Fifteen runs since last win in 2017, 7/2, below form fourth of 10 in handicap at this course (5f) 44 days ago. Must improve.  

<p>| 8 (6) | 638-792 | STAR CRACKER (IRE) 10 CD | ch g Starspangledbanner - Champagne Cracker | 7 8 - 10p | Jamie Gormley | (3) J S Goldie | 49 |</p>
<table>
<thead>
<tr>
<th>No(Dr)</th>
<th>Silk</th>
<th>Form</th>
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<tbody>
<tr>
<td>1 (3)</td>
<td></td>
<td>0/668-81</td>
<td>TATHMEEN (IRE) 15 CD</td>
<td>4 9 - 10</td>
<td>Cam Hardie, Antony Brittain</td>
<td>72</td>
</tr>
<tr>
<td>2 (7)</td>
<td></td>
<td>3261-13</td>
<td>MININGGOLD 33 D</td>
<td>6 9 - 7p</td>
<td>Paula Muir (5) M Dods</td>
<td>69</td>
</tr>
<tr>
<td>3 (5)</td>
<td></td>
<td>8/800-48</td>
<td>JAN VAN HOOF (IRE) 24 D</td>
<td>8 9 - 6</td>
<td>Barry McHugh, M Herrington</td>
<td>68</td>
</tr>
<tr>
<td>5 (2)</td>
<td></td>
<td>88920-3</td>
<td>GOWANBUSTER 15 C</td>
<td>4 9 - 4t</td>
<td>Pat Mullrennan, Mrs Corbett</td>
<td>66</td>
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<td>6 (1)</td>
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<td>11U292</td>
<td>ARCHIMEDES (IRE) 2 CD</td>
<td>6 9 - 3tp</td>
<td>Phil Dennis (3) D C Griffiths</td>
<td>65</td>
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<td>7 (4)</td>
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<td>0/0079-5</td>
<td>BAHANGO (IRE) 44 CD</td>
<td>7 8 - 7p</td>
<td>Paul Hanagan, P Morris</td>
<td>55</td>
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</tbody>
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Jockey Colours: Maroon and yellow check, maroon sleeves, yellow cap

Timeform says: 12/1, won 7-runner handicap at this C&D 15 days ago by neck from Archimedes, sticking to task. Each-way claims once again. (Forecast 4.00)

Notes: 2 (7) Red, orange seams and cap

Jockey Colour: Red, orange seams and cap

Timeform says: Latest win at Southwell in January. 13/2, respectable third of 7 in handicap at Southwell (5f) 33 days ago. Others make more appeal away from fibresand. (Forecast 7.50)

Notes: 3 (5) Dark blue, beige hollow box

Jockey Colour: Dark blue, beige hollow box

Timeform says: Fourteen runs since last win in 2015. 22/1, last of 8 in handicap at this C&D 24 days ago. (Forecast 17.00)

Notes: 4 (6) Royal blue and yellow diamonds, white sleeves, royal blue cap, yellow diamond

Jockey Colour: Royal blue and yellow diamonds, white sleeves, royal blue cap, yellow diamond

Timeform says: 3-time C&D winner. Sixteen runs since last win in 2018. 7/1, 3½ lengths fifth of 7 to Tathmeen in handicap at this C&D 15 days ago. (Forecast 8.50)

Notes: 5 (2) Emerald green and dark blue stripes, dark blue sleeves and cap

Jockey Colour: Emerald green and dark blue stripes, dark blue sleeves and cap

Timeform says: Course winner. Good third of 8 in handicap at this course (6f, 12/1) 15 days ago, doing too much too soon. Every chance of going close with Mulrennan taking over from an apprentice. (Forecast 3.75)

Notes: 6 (1) Purple, emerald green cross of lorraine, armlets and star on cap

Jockey Colour: Purple, emerald green cross of lorraine, armlets and star on cap

Timeform says: C&D winner. Four wins from 26 runs last year. Latest win here in January. 9/4, second of 4 in handicap at Southwell (5f) 2 days ago, slowly away. (Forecast 8.50)

Notes: 7 (4) White, dark blue braces, dark blue cap

Jockey Colour: White, dark blue braces, dark blue cap

Timeform says: C&D winner. 9/1, fifth of 10 in handicap at this C&D 44 days ago. Uphill task. (Forecast 12.00)

Long Handicap: Bahango 8 - 6