





(R8) 20:30 CHELMSFORD CITY (A.W.), 1m						
Wake Up To Benson BBC Essex Handicap (Div 2) (Class 6) (4YO plus)						
TRIFECTA						
No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (6)		07-6020	ADMIRAL ROOKE (IRE) 10 b g Rock Of Gibraltar - Qenaa	4 9 - 7hp	Mark Crehan (7) M Appleby	55
Jockey Colours: Dark blue, light green epaulets, armlets and cap Timeform says: <i>Remains a maiden after 22 Flat runs. Tenth of 13 in handicap (7/1) at Wolverhampton (6.1f) 10 days ago, run best excused. One to bear in mind back up in trip.</i> ★★☆☆☆ (Forecast 8.50)				Notes:		
2 (12)		73-1620	DIAMOND REFLECTION (IRE) 24 b g Oasis Dream - Briolette	7 9 - 6tp	Rossa Ryan Mrs Dunn	54
Jockey Colours: Purple, light blue stars and sleeves, light blue cap, purple star Timeform says: <i>Latest win at Wolverhampton in January. 19 lengths eleventh of 12 to Amor Fati in handicap at Wolverhampton (9.5f, 8/1) 24 days ago.</i> ★★☆☆☆ (Forecast 6.00)				Notes:		
3 (4)		7550-39	MONSIEUR FOX 16 b g Foxwedge - Demoiselle Bond	4 9 - 6	R Kingscote Mrs L Richards	54
Jockey Colours: White, two cerise hoops, blue sleeves, white cap Timeform says: <i>Ninth of 13 in handicap (20/1) at Kempton (11f) 16 days ago. Back down in trip. Not completely ruled out.</i> ★★☆☆☆ (Forecast 15.00)				Notes:		
4 (10)		9-42293	SEA SHACK 8 b g Equiano - Folly Bridge	5 9 - 6tp	Scott McCullagh (7) Miss J Feilden	54
Jockey Colours: Dark blue, orange spots, white cap Timeform says: <i>One win from 24 Flat runs. Twenty runs since last win in 2016. Creditable third of 14 in handicap at this C&D (16/1) 8 days ago. Can make presence felt.</i> ★★☆☆☆ (Forecast 6.50)				Notes:		
5 (5)		7668/90-	POCKET WARRIOR 281 b g Tobougg - Navene	8 9 - 4p1	Theodore Ladd (5) P W D'Arcy	52
Jockey Colours: Dark blue, yellow cross belts, hooped cap Timeform says: <i>Last of 10 in handicap at Yarmouth (8f, good to firm, 40/1), missing break. Off 9 months. First run for yard after leaving Martin Bosley. Cheekpieces on 1st time.</i> ★★☆☆☆ (Forecast 26.00)				Notes:		
6 (9)		324517	AMOR FATI (IRE) 8 C BF b g Zoffany - Roman Love	4 9 - 4	A Kirby P D Evans	52
Jockey Colours: Light blue, dark blue epaulets, check cap Timeform says: <i>Course winner. Latest win at Wolverhampton in February. 3/1, easy-to-excuse seventh of 14 in handicap at this C&D 8 days ago, badly hampered. The one to beat back under Kirby.</i> ★★★★★ (Forecast 5.00)				Notes:		
7 (1)		4975-79	COOPERESS 11 b m Sixties Icon - Vilnius	6 9 - 1	David Probert D Burchell	49
Jockey Colours: Red and white check, white sleeves Timeform says: <i>66/1, ninth of 11 in handicap at Wolverhampton (9.5f) 11 days ago. Hard to fancy.</i> ★★☆☆☆ (Forecast 26.00)				Notes:		
8 (3)		60-2165	RAPID RISE (IRE) 10 b g Fast Company - French Doll	5 9 - 0p	L Morris J M Bradley	48

Jockey Colours: Red, royal blue chevron, yellow sleeves, royal blue armlets, yellow cap Timeform says: <i>One win from 36 Flat runs. Winner at Wolverhampton in February. Respectable fifth of 12 in handicap at Wolverhampton (7.2f, 6/1) 10 days ago. Arrives in better form than most.</i> ★★★★☆ (Forecast 8.00)					Notes:	
9 (8)		98-5089	SHOVEL IT ON (IRE) 15 br g Elusive Pimpernel - Fitrah	4 8 - 12b	Raul Da Silva S Flook	46
Jockey Colours: Yellow, red cross of lorraine Timeform says: <i>Eighteen runs since last win in 2017. Ninth of 14 in handicap (20/1) at Kempton (8f) 15 days ago. Blinkers back on. Something to find on form.</i> ★★☆☆☆ (Forecast 29.00)					Notes:	
10 (7)		468449	MALAYSIAN BOLEH 16 C ch g Compton Place - Orlena	9 8 - 12es	Callum Shepherd P S McEntee	46
Jockey Colours: Maroon, black cross of lorraine, armlets and cap Timeform says: <i>Unreliable type. Course winner. Twenty two runs since last win in 2018. Ninth of 12 in handicap at Kempton (7f, 20/1) 16 days ago. Has work to do.</i> ★☆☆☆☆ (Forecast 34.00)					Notes:	
11 (2)		884-690	DUKES MEADOW 29 CD b g Pastoral Pursuits - Figura	8 8 - 12	Rhiain Ingram (5) R Ingram	46
Jockey Colours: Dark blue, yellow stars, dark blue sleeves, white cap Timeform says: <i>C&D winner. Two wins from 52 Flat runs. Twelve runs since last win in 2018. Eleventh of 14 in handicap at this course (10f, 50/1) 29 days ago. Needs a couple of these to falter.</i> ★★☆☆☆ (Forecast 41.00)					Notes:	
12 (11)		0-88	DUNSTALL DREAMER 50 b c Swiss Spirit - Nordic Theatre	4 8 - 12	K T O'Neill D P Quinn	46
Jockey Colours: Yellow, royal blue chevron and armlets, white cap Timeform says: <i>Thrice-raced maiden. 66/1, last of 8 in minor event at this course (6f) 50 days ago. Significantly up in trip. Makes handicap debut.</i> ★☆☆☆☆ (Forecast 41.00)					Notes:	
Long Handicap: Shovel It On 8 - 11, Malaysian Boleh 8 - 11, Dukes Meadow 8 - 11, Dunstall Dreamer 8 - 11						
TIMEFORM VIEW: AMOR FATI's success at Wolverhampton last month has worked out well and he basically lost all chance when hampered on the turn here last week, so he's well worth another chance with Adam Kirby back on board. Rapid Rise arrives in good order and is feared most ahead of Sea Shack.						
Timeform 1-2-3: 1: AMOR FATI (6) 2: RAPID RISE (8) 3: SEA SHACK (4)						
TIMEFORM						