

(R1) 16:40 CHELMSFORD CITY (A.W.), 6f						
Bet toteplacepot At totesport.com Amateur Riders' Handicap (Div 1) (Class 5) (4YO plus)						
TRIFECTA		PLACEPOT				
No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (4)		3/7-4871	MIRACLE GARDEN (EX6) 9 D ch g Exceed and Excel - Sharp Terms	7 11 - 1	Mr C J Todd (5) Ian Williams	71
Jockey Colours: White, red diamond, black sleeves, red diamonds, red cap, black diamond Timeform says: 9/4, improved on recent efforts to win 7-runner handicap at Kempton (6f) 9 days ago by 2¼ lengths from Hollander, keeping on well. Carries penalty. Expected to be bang there.★★★★☆ (Forecast 5.00)				Notes:		
2 (6)		90-5377	GOLD HUNTER (IRE) 17 C D b g Invincible Spirit - Goldthroat	9 11 - 0	Mr Danny Kerr (7) S Flook	70
Jockey Colours: Yellow, red cross of lorraine Timeform says: Course winner. Seventh of 10 in handicap at Wolverhampton (7.2f, 10/1) 17 days ago. ★★☆☆☆ (Forecast 21.00)				Notes:		
3 (8)		25-6311	THE GROOVE 20 D b g Azamour - Dance East	6 10 - 13	P Thomas (7) P D Evans	69
Jockey Colours: Pink, black chevron, pink sleeves, black spots, pink cap, black diamond Timeform says: Career best when winning 5-runner seller at Wolverhampton (6.1f, 6/1) 20 days ago, keeping on well.★★★★☆ (Forecast 9.00)				Notes:		
4 (3)		6311-4	POETA BRASILEIRO (IRE) 10 D b c Poet's Voice - Top Act	4 10 - 13	Mr J Harding (3) Seamus Durack	69
Jockey Colours: White and maroon (halved), white sleeves, maroon stars and cap Timeform says: Lightly-raced winner. Two wins from 4 runs last year. 5/1, first run since leaving Jose Santos when below form fourth of 11 in handicap at Wolverhampton (5.1f) 10 days ago.★★★★☆ (Forecast 7.00)				Notes:		
5 (10)		620421	ZAPPER CASS (FR) 14 D b g Elusive City - Moonlight Cass	6 10 - 12v	Miss S Brotherton M Appleby	68
Jockey Colours: Light blue, brown epaulets, brown sleeves, light blue armlets, striped cap Timeform says: Unreliable individual. Improved on recent efforts to win 8-runner handicap (5/1) at Newcastle (5f) 14 days ago, sticking to task. Visor back on. ★★★★★ (Forecast 5.00)				Notes:		
6 (7)		680-354	DOTTED SWISS (IRE) 22 D b f Swiss Spirit - Luxuria	4 10 - 10b	Miss B Hampson Archie Watson	66
Jockey Colours: Dark blue, light blue seams, dark blue cap Timeform says: Thirteen runs since last win in 2018. Fourth of 6 in handicap (6/1) at this C&D 22 days ago. Not taken lightly.★★★★☆ (Forecast 10.00)				Notes:		
7 (9)		93-5972	HOLLANDER 9 ch g Dutch Art - Thrill	5 10 - 7t	Miss H Welch (3) Mrs Dunn	63
Jockey Colours: Black, pink inverted triangle and armlets Timeform says: Inconsistent performer. 40/1, creditable 2¼ lengths second of 7 to Miracle Garden in handicap at Kempton (6f) 9 days ago. ★★☆☆☆ (Forecast 15.00)				Notes:		

8 (5)		14510-4	VALLARTA (IRE) 16 D b g Footstepsinthesand - Mexican Miss	9 10 - 6	Miss Emily Bullock (5) Mrs R Carr	62
Jockey Colours: Red, white cross of lorraine, red sleeves, white spots Timeform says: Three wins from 15 runs last year. Latest win at Catterick in October. Fourth of 6 in handicap (8/1) at Southwell (6.1f) 16 days ago. Others have achieved more.★★★★☆ (Forecast 23.00)						Notes:
9 (1)		435512-	CARIBBEAN SPRING (IRE) 85 b g Dark Angel - Bogini	6 10 - 3	Miss Rosie Margaron (5) G G Margaron	59
Jockey Colours: Dark blue, red epaulets, striped sleeves, quartered cap Timeform says: Three wins from 11 runs last year. Latest win at Southwell in November. Creditable second of 15 in handicap at this course (7f, 6/1) 85 days ago, finishing well.★★★★☆ (Forecast 9.00)						Notes:
10 (2)		40-0860	PLUCKY DIP 8 CD b g Nayef - Plucky	8 10 - 0p	Mr Thomas Miles (7) J Ryan	56
Jockey Colours: Black, beige epaulets, striped sleeves and star on cap Timeform says: C&D winner. Tenth of 14 in handicap (25/1) at this course (8f) 8 days ago. Back down in trip. Cheekpieces back on. Uphill task.★☆☆☆☆ (Forecast 101.00)						Notes:
Long Handicap: Plucky Dip 9 - 3						
TIMEFORM VIEW: MIRACLE GARDEN got back to winning ways in good style at Kempton 9 days ago and looks well treated under a penalty. Other last-time-out winners Zapper Cass and The Groove are feared most.						
Timeform 1-2-3: 1: MIRACLE GARDEN (1) 2: ZAPPER CASS (5) 3: THE GROOVE (3)						

TIMEFORM



(R2) 17:20 CHELMSFORD CITY (A.W.), 6f

Bet toteplacepot At totesport.com Amateur Riders' Handicap (Div 2) (Class 5)

(4YO plus)





TRIFECTA PLACEPOT

No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (3)		9-36056	NATIONAL GLORY (IRE) 16 D BF b g Invincible Spirit - Ponty Acclaim	4 11 - 0b1	Miss B Hampson Archie Watson	70
Jockey Colours: Grey, light blue seams, light blue cap Timeform says: 7/2, last of 6 in handicap at Southwell (6.1f) 16 days ago. Blinkers on 1st time. ★★☆☆☆ (Forecast 8.00)					Notes:	
2 (7)		40-3334	MONUMENTAL MAN 11 C D b g Vital Equine - Spark Up	10 11 - 0p	Mr Alex Ferguson J A Osborne	70
Jockey Colours: Orange, dark blue sleeves, light blue diamonds, dark blue cap, light blue diamonds Timeform says: Course winner. Four wins from 23 runs last year. Respectable fourth of 9 in handicap at Wolverhampton (6.1f, 11/1) 11 days ago. ★★☆☆☆ (Forecast 8.50)					Notes:	
3 (1)		434248-	GOTTARDO (IRE) 142 b g Choisir - Chantarella	4 10 - 13	Miss Sophie Smith (5) E A L Dunlop	69
Jockey Colours: Dark blue, pink sleeves Timeform says: Eleven runs since last win in 2018. Eighth of 11 in handicap at Navan (5f, good, 7/1). Off 142 days. First run for yard after leaving J. A. Stack. Not taken lightly. ★★☆☆☆ (Forecast 8.00)					Notes:	
4 (5)		3440-32	LALANIA 22 D br f Kheleyf - George's Gift	4 10 - 12	Mr R Birkett S C Williams	68
Jockey Colours: Orange and black (quartered), orange sleeves, black armlets Timeform says: 6/1, creditable second of 6 in handicap at this C&D 22 days ago. Can give a good account. ★★☆☆☆ (Forecast 5.50)					Notes:	
5 (4)		732-631	TIME TO REASON (IRE) 22 C b g Kyllachy - Danehurst	6 10 - 10p	Mr S Walker Charlie Wallis	66
Jockey Colours: Emerald green and royal blue (halved), emerald green sleeves, white cap, emerald green spots Timeform says: Improved on recent efforts to win 7-runner handicap (3/1) at this course (5f) 22 days ago, keeping on well. Shortlist material. ★★★★★ (Forecast 3.25)					Notes:	
6 (6)		0/64960-	ZEFFERINO 135 ch g Frankel - Turama	5 10 - 9t	Miss Jennifer Pahlman (7) M R Bosley	65
Jockey Colours: Royal blue and yellow (quartered), yellow sleeves, royal blue cap, yellow spots Timeform says: 40/1 and tongue strap on for 1st time, first run since leaving Marco Botti when last of 13 in handicap at Kempton (8f). Off 135 days. Down in trip. ★★☆☆☆ (Forecast 23.00)					Notes:	
7 (9)		45980D-	WINKLEMAN (IRE) 85 br g Rip Van Winkle - Kykuit	7 10 - 6p	Miss Imogen Mathias (7) J L Flint	62
Jockey Colours: Pink, mauve stars and armlets Timeform says: Remains a maiden after 16 Flat runs. Fifteenth of 15 in handicap at this course (7f, 8/1) 85 days ago, slowly away (first past the post but subsequently disqualified). ★★☆☆☆ (Forecast 15.00)					Notes:	

8 (8)		644-968	SPENNY'S LASS 8 D br f Bated Breath - Midnight Hush	4 10 - 3p	Mr C J Todd (5) J Ryan	59
Jockey Colours: Dark blue, orange star, orange sleeves, dark blue stars, orange cap, dark blue star Timeform says: 50/1, eighth of 12 in handicap at this C&D 8 days ago. Cheekpieces back on. Others more persuasive. ★★☆☆☆ (Forecast 21.00)					Notes:	
9 (2)		306900-	FREDDY WITH A Y (IRE) 85 D b g Amadeus Wolf - Mataji	9 10 - 0	Mr Dallon Holmes (7) J R Jenkins	56
Jockey Colours: Pink, white epaulets Timeform says: 33/1, twelfth of 15 in handicap at this course (7f) 85 days ago. Uphill task. ★☆☆☆☆ (Forecast 67.00)					Notes:	
Long Handicap: Freddy With A Y 9 - 6						
TIMEFORM VIEW: TIME TO REASON had 2 subsequent winners in behind when winning here 3 weeks ago and looks a big player again off 2 lb higher. The reliable Lalanía can place again, while Gottardo isn't badly treated starting out for Ed Dunlop.						
Timeform 1-2-3: 1: TIME TO REASON (5) 2: LALANIA (4) 3: GOTTARDO (3)						
TIMEFORM						

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(R3) 18:00 CHELMSFORD CITY (A.W.), 5f						
Bet toteexacta At totesport.com Handicap (Class 6) (4YO plus)						
TRIFECTA		PLACEPOT		QUADPOT		
No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (11)		2958-79	PRECIOUS PLUM 44 D b m Equiano - Miss Polly Plum	5 9 - 7hp	R Kingscote Charlie Wallis	55
Jockey Colours: Green, gold sleeves, brown cap Timeform says: Ninth of 10 in handicap at Wolverhampton (6.1f, 66/1) 44 days ago. Others more persuasive.★★★★☆ (Forecast 34.00)				Notes:		
2 (1)		3-48173	RED STRIPES (USA) 7 CD b g Leroidesanimaux - Kaleidoscopic	7 9 - 7b	Seamus Cronin (5) Mrs L Williamson	55
Jockey Colours: White, royal blue stars, white and maroon striped sleeves, maroon cap Timeform says: 5-time C&D winner. Latest win here in February. 4/1, third of 5 in handicap at Lingfield (5f, AW) 7 days ago. Should give it his usual good shot from stall 1.★★★★☆ (Forecast 9.50)				Notes:		
3 (2)		63-951	ATYAAF 21 CD b g Invincible Spirit - Eshaadeh	4 9 - 7	P Mathers D Shaw	55
Jockey Colours: Royal blue, white star, diamonds on sleeves, royal blue cap, white star Timeform says: 15/8, career best when winning 11-runner handicap at this C&D 21 days ago, keeping on well. Big shout again for favourable draw.★★★★★ (Forecast 4.33)				Notes:		
4 (4)		021-862	PROMINNA 13 D BF ch g Proclamation - Minnina	9 9 - 6hp1	Poppy Bridgwater (5) A W Carroll	54
Jockey Colours: Orange, royal blue diamond, diamonds on sleeves, orange cap, royal blue diamond Timeform says: Good neck second of 9 to Hurricane Alert in handicap at Lingfield (5f, AW, 5/2) 13 days ago, running on late. Hood back on, cheekpieces on 1st time. Not taken lightly.★★★★☆ (Forecast 6.00)				Notes:		
5 (3)		0065-46	COASTAL CYCLONE 27 C b g Canford Cliffs - Seasonal Cross	5 9 - 4v	Tom Marquand H J L Dunlop	52
Jockey Colours: Dark green, grey epaulets and armlets Timeform says: Unreliable sort. Course winner. One win from 23 Flat runs. Below form sixth of 11 in handicap at Kempton (6f, 14/1) 27 days ago.★★★★☆ (Forecast 19.00)				Notes:		
6 (5)		064-120	NEW RICH 44 C b g Bahamian Bounty - Bling Bling	9 9 - 4b	Georgia Dobie (7) Eve Johnson Houghton	52
Jockey Colours: Red, beige seams, red sleeves and cap Timeform says: Unreliable individual. Course winner. Latest win at Wolverhampton in January. Tenth of 12 in handicap (25/1) at Wolverhampton (7.2f) 44 days ago. Significantly down in trip.★★★★☆ (Forecast 23.00)				Notes:		
7 (12)		5390-97	SWENDAB (IRE) 16 D b g Trans Island - Lavish Spirit	11 9 - 2h	Rossa Ryan J G M O'Shea	50
Jockey Colours: Red, white hoop, white and red check sleeves, white cap, red star Timeform says: Seventh of 11 in handicap at Kempton (6f, 66/1) 16 days ago. Must improve.★★★★☆ (Forecast 41.00)				Notes:		
8 (8)		3-12273	PHAROH JAKE 13 D ch g Piccolo - Rose Amber	11 9 - 1	Ellie Mackenzie (7) J J Bridger	49



Jockey Colours: Royal blue, yellow sleeves, quartered cap Timeform says: Latest win at Lingfield in January. 7/1, good ½-length third of 9 to Hurricane Alert in handicap at Lingfield (5f, AW) 13 days ago, running on late.★★★★☆ (Forecast 8.00)				Notes:		
9 (9)		9456-75	ZIPEDEEDODAH (IRE) 63 CD gr g Zebedee - Beverley Macca	7 9 - 1	William Carver (7) J Tuite	49
Jockey Colours: Yellow and black check, purple sleeves and cap Timeform says: C&D winner. 6/1 and cheekpieces on for 1st time, bit below form 3¼ lengths fifth of 10 to Pharaoh Jake in handicap at Lingfield (5f, AW) 63 days ago. Has work to do.★★★★☆ (Forecast 15.00)				Notes:		
10 (7)		746-531	HURRICANE ALERT 13 CD b g Showcasing - Raggle Taggle	7 9 - 0	David Egan M R Hoad	48
Jockey Colours: Royal blue and white check, white sleeves, royal blue diamonds Timeform says: C&D winner. Won 9-runner handicap (6/1) at Lingfield (5f, AW) 13 days ago by neck from Prominna, just holding on. Merits consideration.★★★★☆ (Forecast 7.50)				Notes:		
11 (10)		48-6256	LE MANEGE ENCHANTE (IRE) 44 D gr g Zebedee - Beth	6 8 - 13v	Callum Shepherd D Shaw	47
Jockey Colours: Purple and emerald green diablo, quartered cap Timeform says: Unreliable sort. 25/1, bit below form sixth of 10 in handicap at Wolverhampton (6.1f) 44 days ago, unable to sustain effort.★★★★☆ (Forecast 26.00)				Notes:		
12 (6)		7-10997	DEER SONG 6 D b g Piccolo - Turkish Delight	6 8 - 12v1	Katherine Begley (5) J J Bridger	46
Jockey Colours: Black, red diamond and diamond on cap Timeform says: Two wins from 58 Flat runs. Latest win at Kempton in January. 40/1, seventh of 11 in handicap at Kempton (6f) 6 days ago, ridden too aggressively. Visored for 1st time.★★★★☆ (Forecast 41.00)				Notes:		
TIMEFORM VIEW: ATYAAF is bred to be a lot better than this grade and can follow up last month's C&D win. Red Stripes should give it his usual good shot, while there won't be much between Lingfield 1-2 Hurricane Alert and Prominna again.						
Timeform 1-2-3: 1: ATYAAF (3) 2: RED STRIPES (2) 3: PROMINNA (4)						
TIMEFORM						

(R4) 18:30 CHELMSFORD CITY (A.W.), 5f

Bet totequadpot At totesport.com Handicap (Class 3) (4YO plus)

TRIFECTA PLACEPOT QUADPOT

No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (8)		1134-57	VERNE CASTLE 13 CD ch g Sakhee's Secret - Lochangel	6 9 - 7b1	F Norton M Wigham	91
Jockey Colours: Maroon, yellow star, diablo on sleeves and star on cap Timeform says: 5-time C&D winner. Latest win here in September. Last of 7 in handicap at Lingfield (5f, AW, 8/1) 13 days ago. Blinkers on first time down in class. ★★★★★ (Forecast 11.00)					Notes:	
2 (10)		03-7316	BOOM THE GROOM (IRE) 13 D b g Kodiac - Ecco Mi	8 9 - 7	Tom Marquand A W Carroll	91
Jockey Colours: Emerald green, yellow cross belts, emerald green sleeves, yellow stars, yellow cap Timeform says: Latest win at Wolverhampton in February. Sixth of 7 in handicap (8/1) at Lingfield (5f, AW) 13 days ago. That run is easy to forgive but has stall 10 to overcome here. ★★★★★ (Forecast 13.00)					Notes:	
3 (5)		6-12127	SHAMSHON (IRE) 6 CD b g Invincible Spirit - Greenisland	8 9 - 6	R Kingscote S C Williams	90
Jockey Colours: Orange and purple (quartered), emerald green sleeves and cap Timeform says: C&D winner. Latest win at Wolverhampton in January. Seventh of 10 in handicap at Wolverhampton (6.1f, 7/1) 6 days ago. ★★★★★ (Forecast 12.00)					Notes:	
4 (6)		637/47-6	GREEN DOOR (IRE) 41 D b g Camacho - Inourhearts	8 9 - 1v	L Morris R M H Cowell	85
Jockey Colours: Grey and maroon (quartered), white sleeves Timeform says: Fourteen runs since last win in 2016. Sixth of 7 in handicap at this C&D (9/1) 41 days ago. Visor back on and he's expected to step up on that reappearance. ★★★★★ (Forecast 13.00)					Notes:	
5 (1)		641-632	KING ROBERT 23 C D b g Royal Applause - Generously Gifted	6 8 - 13	David Egan Charlie Wallis	83
Jockey Colours: White, royal blue cross belts, check sleeves, white cap, royal blue spots Timeform says: Course winner. Latest win here in December. Creditable second of 6 in handicap at this course (6f, 3/1) 23 days ago. Has good chance on form. ★★★★★ (Forecast 5.50)					Notes:	
6 (7)		37-9428	DYNAMO WALT (IRE) 24 CD b g Acclamation - Cambara	8 8 - 12v	P Mathers D Shaw	82
Jockey Colours: Yellow, light green epaulets and sleeves Timeform says: 7-time C&D winner. Three wins from 14 runs last year. 8/1, last of 8 in handicap at Wolverhampton (5.1f) 24 days ago, unable to sustain effort. ★★★★★ (Forecast 15.00)					Notes:	
7 (2)		624704-	BOSHAM 186 CD b g Shamardal - Awwal Malika	9 8 - 12bt	Cam Hardie M W Easterby	82
Jockey Colours: Royal blue, white star, red sleeves, white armlets, red cap Timeform says: 5-time C&D winner. Three wins from 14 runs last year. 10/1, fourth of 5 in handicap at this course (6f). Off 6 months so he may need this. ★★★★★ (Forecast 17.00)					Notes:	
8 (4)		51-5341	PRIMO'S COMET 15 D b g Orientor - Primo Heights	4 8 - 11	Phil Dennis (3) J S Goldie	81

Jockey Colours: White, dark blue cross belts, diablo on sleeves, dark blue cap, light blue stars Timeform says: <i>Three wins from 13 runs last year. 3/1, career best when winning 11-runner handicap at Newcastle (5f) 15 days ago. Makes polytrack debut. Not taken lightly.★★★★☆</i> (Forecast 6.50)					Notes:	
9 (9)		7131-75	YOU'RE COOL 24 CD b g Exceed and Excel - Ja One	7 8 - 10t	Lewis Edmunds J Balding	80
Jockey Colours: White and royal blue (quartered), white and red striped sleeves, red cap Timeform says: <i>3-time C&D winner. Latest win at Wolverhampton in December. 10/1, fifth of 8 in handicap at Wolverhampton (5.1f) 24 days ago.★★★★☆</i> (Forecast 17.00)					Notes:	
10 (3)		752228	SOMETHING LUCKY (IRE) 1 CD gr g Clodovil - Lucky Leigh	7 8 - 10v	Theodore Ladd (5) M Appleby	80
Jockey Colours: Dark green, pink epaulets Timeform says: <i>C&D winner. Six wins from 20 runs last year. Eleven runs since last win in 2018. Below form eighth of 13 in handicap (6/1) at Southwell (5f) 1 day ago.★★★★☆</i> (Forecast 6.00)					Notes:	
TIMEFORM VIEW: KING ROBERT was worn down late over 6f here 3 weeks ago, a performance that strongly suggests he's ready to win again, particularly back over the minimum trip. Primo's Comet arrives at the top of his game, while Verne Castle dips in grade sporting a change of headgear.						
Timeform 1-2-3: 1: KING ROBERT (5) 2: PRIMO'S COMET (8) 3: VERNE CASTLE (1)						
TIMEFORM						

(R5) 19:00 CHELMSFORD CITY (A.W.), 7f




Bet totetrifecta At totesport.com Novice Stakes (Class 4) (3YO plus)

TRIFECTA PLACEPOT QUADPOT

No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (2)		5	I'M BRITISH 13 b g Aqlaam - Libritish	6 10 - 0h	Rossa Ryan D E Cantillon	-
Jockey Colours: Emerald green, white stripe, white and red halved sleeves, red cap Timeform says: Fifth of 13 in minor event (66/1) at this course (8f) on Flat debut 13 days ago. Hood on for first time in this code.★★★★☆ (Forecast 34.00)				Notes:		
2 (8)		44-8972	MIDDLESCENCE (IRE) 9 ch g Lope De Vega - Silesian	5 10 - 0t	Poppy Bridgwater (5) Lucinda Egerton	56
Jockey Colours: Orange, emerald green epaulets, hooped cap Timeform says: Modest gelding. 7/1, second of 4 in handicap at Lingfield (8f, AW) 9 days ago.★★★★☆ (Forecast 23.00)				Notes:		
3 (1)		8	NOEL (IRE) 22 b g Requinto - Santacus	4 10 - 0	F Sweeney Daniel Kubler	-
Jockey Colours: Emerald green, light blue star, emerald green sleeves, light blue stars, black cap Timeform says: 50/1, last of 8 in minor event at this course (8f) on debut 22 days ago.★★★★☆ (Forecast 67.00)				Notes:		
4 (9)		0/6	ONE LAST HUG 15 b g Orientor - Gargoyle Girl	4 10 - 0	Phil Dennis (3) J S Goldie	-
Jockey Colours: White, dark blue cross belts, diabolo on sleeves, dark blue cap, light blue stars Timeform says: Twice-raced maiden. Sixth of 9 in minor event (50/1) at Newcastle (6f) 15 days ago, not knocked about.★★★★☆ (Forecast 34.00)				Notes:		
5 (4)		0/7-	THE WIRE FLYER 422 b g Champs Elysees - Good Morning Star	4 10 - 0p1	Daniel Muscutt J L Flint	-
Jockey Colours: Yellow, royal blue hoops, white sleeves and cap Timeform says: Twice-raced maiden. 66/1, last of 7 in maiden at Lingfield (12f, AW). Off 14 months. Significantly down in trip. First run for yard after leaving Amy Murphy. Cheekpieces on for first time.★★★★☆ (Forecast 151.00)				Notes:		
6 (5)		1-	JACK BERRY HOUSE 149 b g Harbour Watch - Dularamé	3 9 - 5t1	S Donohoe Charlie Fellowes	-
Jockey Colours: Black, white cross belts, pink sleeves, black and white check cap Timeform says: Promising sort. 80/1, won 12-runner minor event at Newcastle (6f) on debut. Off 149 days. First run for yard after leaving Michael Easterby. Tongue strap on first time. Should improve.★★★★☆ (Forecast 5.00)				Notes:		
7 (6)		0	AQUARIUS MIRACLE 58 ch g Iffraaj - Aquatinta	3 8 - 12	E J Walsh George Scott	-
Jockey Colours: Yellow, dark blue sleeves, yellow stars, yellow cap, dark blue star Timeform says: 33/1, thirteenth of 14 in maiden at Kempton (8f) on debut 58 days ago.★★★★☆ (Forecast 34.00)				Notes:		
8 (7)		8-22	ASSIMILATION (IRE) 28 b c Xtension - Park Glen	3 8 - 12	L P Keniry Ed Walker	75

Jockey Colours: Red, white and blue stripes, white sleeves, red cap Timeform says: <i>Thrice-raced maiden. 5/1, second of 9 in minor event at Lingfield (7f, AW) 28 days ago, well positioned. Big player with a repeat. ★★★★★ (Forecast 2.88)</i>				Notes:		
9 (3)		4	LESTRADE 28 b c Lawman - Ninas Rainbow	3 8 - 12h	Callum Shepherd W Jarvis	-
Jockey Colours: White, royal blue cross belts, royal blue and white striped sleeves Timeform says: <i>Promising individual. Hooded, fourth of 9 in minor event (33/1) at Lingfield (7f, AW) on debut 22 days ago, keeping on well. Should have more to offer and may reverse form with Assimilation. ★★★★★ (Forecast 3.00)</i>				Notes:		
TIMEFORM VIEW: LESTRADE was very strong at the finish when fourth at Lingfield 3 weeks ago, and given that was his debut, he may well reverse the form with the runner-up that day Assimilation. Jack Berry House was a shock winner on debut for Mick Easterby in October but there was no fluke about that success and he can also figure.						
Timeform 1-2-3: 1: LESTRADE (9) 2: ASSIMILATION (8) 3: JACK BERRY HOUSE (6)						
TIMEFORM						

(R6) 19:30 CHELMSFORD CITY (A.W.), 1m						
Ballymore Handicap (Class 4) (4YO plus)						
TRIFECTA PLACEPOT QUADPOT						
No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (11)		13532-2	PRIDE'S GOLD (USA) 46 BF b f Animal Kingdom - Royal Order	4 9 - 10	A Kirby S Crisford	87
Jockey Colours: Dark green and yellow stripes, dark green cap Timeform says: 2/1, respectable second of 6 in handicap at Wolverhampton (8.6f) 46 days ago, having run of race. Wouldn't rule out under Kirby. ★★☆☆☆ (Forecast 6.50)					Notes:	
2 (6)		V3-1052	FLORENCIO 28 C b g Equiano - Mary Pekan	6 9 - 9p	D C Costello J A Osborne	86
Jockey Colours: Orange, dark blue sleeves, light blue diamonds, dark blue cap, light blue diamonds Timeform says: Course winner. Three wins from 17 runs last year. Latest win at Lingfield in January. 3/1, good second of 6 in handicap at Lingfield (7f, AW) 28 days ago. Has to be taken seriously. ★★☆☆☆ (Forecast 7.50)					Notes:	
3 (4)		427388-	SIR HAMILTON (IRE) 91 CD b g Canford Cliffs - Cawett	4 9 - 9	David Probert Luke Mcjannet	86
Jockey Colours: Grey, emerald green sash, red collar, royal blue sleeves and cap Timeform says: C&D winner. 12/1, first run since leaving Denis Quinn when last of 8 in handicap at Kempton (8f) 91 days ago. Tough to assess at present. ★★☆☆☆ (Forecast 34.00)					Notes:	
4 (10)		1190-67	ABLE JACK 41 CD b g Ifraaj - Solva	6 9 - 7	R Kingscote S C Williams	84
Jockey Colours: Yellow, royal blue seams and sleeves, red cap Timeform says: C&D winner. Three wins from 6 runs last year. Seventh of 11 in handicap at Kempton (8f, 16/1) 41 days ago. ★★☆☆☆ (Forecast 15.00)					Notes:	
5 (8)		6/120-82	KEY PLAYER 17 D ch g Kheylef - My Pretty Girl	4 9 - 7	Charles Bishop Eve Johnson Houghton	84
Jockey Colours: Purple, beige seams and armlets Timeform says: Good second of 6 in handicap (8/1) at Wolverhampton (9.5f) 17 days ago, getting better run than the third. ★★☆☆☆ (Forecast 10.00)					Notes:	
6 (7)		47-6515	SAMPHIRE COAST 16 CD b g Fastnet Rock - Faslen	6 9 - 4h	P Mathers D Shaw	81
Jockey Colours: Black, white cross of lorraine, hooped sleeves and cap Timeform says: 5-time C&D winner. Three wins from 13 runs last year. Latest win at Kempton in February. 8/1, respectable fifth of 12 in handicap at Kempton (8f) 16 days ago. ★★☆☆☆ (Forecast 13.00)					Notes:	
7 (5)		6-19136	PHILAMUNDO (IRE) 23 CD b g Sir Prancealot - Rublevka Star	4 9 - 4b	T P Queally Richard Spencer	81
Jockey Colours: Black, grey sleeves, black stars Timeform says: C&D winner. Latest win here in January. 10/3, sixth of 7 in handicap at Newcastle (8f) 23 days ago, slowly away. ★★☆☆☆ (Forecast 9.50)					Notes:	
8 (1)		4219-20	INTENSE STYLE (IRE) 16 D ch g Intense Focus - Style Queen	7 9 - 2	Josephine Gordon J L Eyre	79

Jockey Colours: Red and royal blue (quartered), checked sleeves Timeform says: <i>Latest win at Chester in September. Last of 12 in handicap at Kempton (8f, 28/1) 16 days ago, left poorly placed.</i> ★★☆☆☆ (Forecast 34.00)					Notes:	
9 (3)		300-321	PHEIDIPIDES 14 D ch g Sepoy - Bounty Box	4 9 - 1b	L Morris Tom Clover	78
Jockey Colours: Royal blue, red, yellow, green and white hoops, yellow cap Timeform says: <i>6/1, career best when winning 10-runner handicap at Lingfield (8f, AW) 14 days ago, well positioned. Leading claims up 4 lb.</i> ★★★★★ (Forecast 5.00)					Notes:	
10 (9)		564-836	GLORY AWAITS (IRE) 41 CD ch g Choisir - Sandbox Two	9 8 - 13b	D E Hogan (5) D M Simcock	76
Jockey Colours: Purple and white (quartered), white sleeves Timeform says: <i>Unreliable type. C&D winner. Sixth of 7 in handicap at this course (7f, 6/1) 41 days ago.</i> ★★☆☆☆ (Forecast 15.00)					Notes:	
11 (2)		020-458	BRITTANIC (IRE) 16 D ch g Excelebration - Fountain Of Peace	5 8 - 12p	S Donohoe D M Simcock	75
Jockey Colours: Pink and royal blue check, pink sleeves Timeform says: <i>Fourteen runs since last win in 2017. Eighth of 12 in handicap at Kempton (8f, 9/1) 16 days ago. Cheekpieces back on. Something to find on form.</i> ★★☆☆☆ (Forecast 21.00)					Notes:	
TIMEFORM VIEW: PHEIDIPIDES belatedly opened his account at Lingfield a fortnight ago and could kick on now he's got his head in front. A 4 lb rise looks fair and he can strike again. Florencio and Pride's Gold are likely dangers.						
Timeform 1-2-3: 1: PHEIDIPIDES (9) 2: FLORENCIO (2) 3: PRIDE'S GOLD (1)						
TIMEFORM						

(R7) 20:00 CHELMSFORD CITY (A.W.), 1m





Wake Up To Benson BBC Essex Handicap (Div 1) (Class 6) (4YO plus)

TRIFECTA

No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (4)		653209	THE SPECIAL ONE (IRE) 8 br m Cape Cross - Capote West	6 9 - 7h	Josephine Gordon P S McEntee	55
Jockey Colours: Maroon, black cross of Lorraine, armlets and cap Timeform says: Fifteen runs since last win in 2017. 9 lengths ninth of 14 to Irish Times in handicap (14/1) at this C&D 8 days ago. Last couple of efforts are excusable and she'd been in form previously.★★★★☆ (Forecast 13.00)				Notes:		
2 (8)		0091-08	CANDESTA (USA) 40 CD b g First Defence - Wandesta	9 9 - 7t	Daniel Muscutt Miss J Feilden	55
Jockey Colours: Yellow, black cross of Lorraine, yellow sleeves, black stars Timeform says: C&D winner. Latest win at Southwell in December. 16/1, eighth of 10 in handicap at Southwell (8.1f) 40 days ago, slowly away.★★★★☆ (Forecast 26.00)				Notes:		
3 (6)		5280-45	COMPASS POINT 22 b c Helmet - Takarna	4 9 - 6	K T O'Neill Robyn Brisland	54
Jockey Colours: Purple and orange diabolo, orange sleeves, purple stars, orange cap, purple star Timeform says: 14/1, creditable fifth of 14 in handicap at Southwell (8.1f) 22 days ago. Others look better treated but he's still not fully exposed.★★★★☆ (Forecast 9.00)				Notes:		
4 (3)		42-6330	MANS NOT TROT (IRE) 8 CD b g Kodiak - Turuqaat	4 9 - 6p	Nicola Currie J A Osborne	54
Jockey Colours: Cerise, green check cap Timeform says: C&D winner. 49 lengths last of 14 to Irish Times in handicap at this C&D (6/1) 8 days ago, rider lost irons (easy to ignore). Had been in form prior to that effort, so merits some consideration.★★★★☆ (Forecast 10.00)				Notes:		
5 (7)		804700-	RONNIE THE ROOSTER 132 D b g Captain Gerrard - Piranha	5 9 - 5t	Non Runner J L Eyre	53
Jockey Colours: Maroon and light blue diabolo, halved sleeves, maroon cap Timeform says: NON RUNNER.★★★★☆				Notes:		
6 (1)		440-211	IRISH TIMES 8 CD b g Swiss Spirit - Amouage Royale	4 9 - 4	D E Hogan (5) Henry Spiller	52
Jockey Colours: White and red stripes, red sleeves, white diamonds, white cap, red spots Timeform says: Career best when winning 14-runner handicap at this C&D (9/1) 8 days ago, bit in hand. Has to be taken seriously in hat-trick bid.★★★★★ (Forecast 3.50)				Notes:		
7 (9)		082130-	CASEY BANTER 168 b f Holy Roman Emperor - Sinister Ruckus	4 9 - 3	Shelley Birkett Miss J Feilden	51
Jockey Colours: Red, yellow seams, yellow sleeves, red armlets, red cap Timeform says: 18/1, tenth of 13 in handicap at Newcastle (7.1f). Off 168 days. Likely to need this return.★★★★☆ (Forecast 23.00)				Notes:		
8 (11)		76096-7	THEYDON SPIRIT 50 ch g Piccolo - Ela Gorrie Mou	4 9 - 1	M M Monaghan P Charalambous	49

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(R8) 20:30 CHELMSFORD CITY (A.W.), 1m Wake Up To Benson BBC Essex Handicap (Div 2) (Class 6) (4YO plus) TRIFECTA						
No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (6)		07-6020	ADMIRAL ROOKE (IRE) 10 b g Rock Of Gibraltar - Qenaa	4 9 - 7hp	Mark Crehan (7) M Appleby	55
Jockey Colours: Dark blue, light green epaulets, armlets and cap Timeform says: <i>Remains a maiden after 22 Flat runs. Tenth of 13 in handicap (7/1) at Wolverhampton (6.1f) 10 days ago, run best excused. One to bear in mind back up in trip.</i> ★★☆☆☆ (Forecast 8.50)				Notes:		
2 (12)		73-1620	DIAMOND REFLECTION (IRE) 24 b g Oasis Dream - Briolette	7 9 - 6tp	Rossa Ryan Mrs Dunn	54
Jockey Colours: Purple, light blue stars and sleeves, light blue cap, purple star Timeform says: <i>Latest win at Wolverhampton in January. 19 lengths eleventh of 12 to Amor Fati in handicap at Wolverhampton (9.5f, 8/1) 24 days ago.</i> ★★☆☆☆ (Forecast 6.00)				Notes:		
3 (4)		7550-39	MONSIEUR FOX 16 b g Foxwedge - Demoiselle Bond	4 9 - 6	R Kingscote Mrs L Richards	54
Jockey Colours: White, two cerise hoops, blue sleeves, white cap Timeform says: <i>Ninth of 13 in handicap (20/1) at Kempton (11f) 16 days ago. Back down in trip. Not completely ruled out.</i> ★★☆☆☆ (Forecast 15.00)				Notes:		
4 (10)		9-42293	SEA SHACK 8 b g Equiano - Folly Bridge	5 9 - 6tp	Scott McCullagh (7) Miss J Feilden	54
Jockey Colours: Dark blue, orange spots, white cap Timeform says: <i>One win from 24 Flat runs. Twenty runs since last win in 2016. Creditable third of 14 in handicap at this C&D (16/1) 8 days ago. Can make presence felt.</i> ★★☆☆☆ (Forecast 6.50)				Notes:		
5 (5)		7668/90-	POCKET WARRIOR 281 b g Tobougg - Navene	8 9 - 4p1	Theodore Ladd (5) P W D'Arcy	52
Jockey Colours: Dark blue, yellow cross belts, hooped cap Timeform says: <i>Last of 10 in handicap at Yarmouth (8f, good to firm, 40/1), missing break. Off 9 months. First run for yard after leaving Martin Bosley. Cheekpieces on 1st time.</i> ★★☆☆☆ (Forecast 26.00)				Notes:		
6 (9)		324517	AMOR FATI (IRE) 8 C BF b g Zoffany - Roman Love	4 9 - 4	A Kirby P D Evans	52
Jockey Colours: Light blue, dark blue epaulets, check cap Timeform says: <i>Course winner. Latest win at Wolverhampton in February. 3/1, easy-to-excuse seventh of 14 in handicap at this C&D 8 days ago, badly hampered. The one to beat back under Kirby.</i> ★★★★★ (Forecast 5.00)				Notes:		
7 (1)		4975-79	COOPERESS 11 b m Sixties Icon - Vilnius	6 9 - 1	David Probert D Burchell	49
Jockey Colours: Red and white check, white sleeves Timeform says: <i>66/1, ninth of 11 in handicap at Wolverhampton (9.5f) 11 days ago. Hard to fancy.</i> ★★☆☆☆ (Forecast 26.00)				Notes:		
8 (3)		60-2165	RAPID RISE (IRE) 10 b g Fast Company - French Doll	5 9 - 0p	L Morris J M Bradley	48

Jockey Colours: Red, royal blue chevron, yellow sleeves, royal blue armlets, yellow cap Timeform says: <i>One win from 36 Flat runs. Winner at Wolverhampton in February. Respectable fifth of 12 in handicap at Wolverhampton (7.2f, 6/1) 10 days ago. Arrives in better form than most.★★★★☆ (Forecast 8.00)</i>					Notes:	
9 (8)		98-5089	SHOVEL IT ON (IRE) 15 br g Elusive Pimpernel - Fitrah	4 8 - 12b	Raul Da Silva S Flook	46
Jockey Colours: Yellow, red cross of lorraine Timeform says: <i>Eighteen runs since last win in 2017. Ninth of 14 in handicap (20/1) at Kempton (8f) 15 days ago. Blinkers back on. Something to find on form.★★☆☆☆ (Forecast 29.00)</i>					Notes:	
10 (7)		468449	MALAYSIAN BOLEH 16 C ch g Compton Place - Orlena	9 8 - 12es	Callum Shepherd P S McEntee	46
Jockey Colours: Maroon, black cross of lorraine, armlets and cap Timeform says: <i>Unreliable type. Course winner. Twenty two runs since last win in 2018. Ninth of 12 in handicap at Kempton (7f, 20/1) 16 days ago. Has work to do.★☆☆☆☆ (Forecast 34.00)</i>					Notes:	
11 (2)		884-690	DUKES MEADOW 29 CD b g Pastoral Pursuits - Figura	8 8 - 12	Rhiain Ingram (5) R Ingram	46
Jockey Colours: Dark blue, yellow stars, dark blue sleeves, white cap Timeform says: <i>C&D winner. Two wins from 52 Flat runs. Twelve runs since last win in 2018. Eleventh of 14 in handicap at this course (10f, 50/1) 29 days ago. Needs a couple of these to falter.★☆☆☆☆ (Forecast 41.00)</i>					Notes:	
12 (11)		0-88	DUNSTALL DREAMER 50 b c Swiss Spirit - Nordic Theatre	4 8 - 12	K T O'Neill D P Quinn	46
Jockey Colours: Yellow, royal blue chevron and armlets, white cap Timeform says: <i>Thrice-raced maiden. 66/1, last of 8 in minor event at this course (6f) 50 days ago. Significantly up in trip. Makes handicap debut.★☆☆☆☆ (Forecast 41.00)</i>					Notes:	
Long Handicap: Shovel It On 8 - 11, Malaysian Boleh 8 - 11, Dukes Meadow 8 - 11, Dunstall Dreamer 8 - 11						
TIMEFORM VIEW: AMOR FATI's success at Wolverhampton last month has worked out well and he basically lost all chance when hampered on the turn here last week, so he's well worth another chance with Adam Kirby back on board. Rapid Rise arrives in good order and is feared most ahead of Sea Shack.						
Timeform 1-2-3: 1: AMOR FATI (6) 2: RAPID RISE (8) 3: SEA SHACK (4)						
TIMEFORM						