







(R6) 16:30 BATH, 1m

Rainbow Casino Cardiff Handicap (Class 4) (3YO plus)

No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (5)		30-1457	WIND IN MY SAILS 5 CD b g Footstepsinthesand - Dylanesque	7 10 - 0	Seamus Cronin (5) Ed De Giles	79
Jockey Colours: Yellow, mauve hoops, yellow cap Timeform says: C&D winner. Latest win at Newbury in May. 33/1, seventh of 10 in handicap at Pontefract (8f, soft) 5 days ago. Excused that and wouldn't discount. ★★★★★ (Forecast 7.00)					Notes:	
2 (1)		9-22	SHAKE ME HANDY 145 gr g Eastern Anthem - Cloridja	4 9 - 6	R Winston R A Teal	71
Jockey Colours: Red, light blue spots Timeform says: Thrice-raced maiden. Off 145 days. Makes handicap/turf debut having been gelded. Could do better. ★★★★★ (Forecast 6.50)					Notes:	
3 (2)		03-3451	CANAL ROCKS 20 D br g Aussie Rules - In Secret	3 9 - 5	Jason Watson H Candy	78
Jockey Colours: Eton blue Timeform says: Career best when winning 9-runner handicap at Newbury (8f, good to firm, 7/2) 20 days ago. Could go well again. ★★★★★ (Forecast 4.00)					Notes:	
4 (4)		513415	LILIOFTHELAMPLIGHT (IRE) 18 D ch f Helmet - Lilakiya	3 9 - 5	R Ffrench M Johnston	78
Jockey Colours: Flame, gold seams, green cap Timeform says: Latest win at Newcastle in June. 6/1, fifth of 6 in handicap at Beverley (8.4f, good to firm) 18 days ago. Has looked best on AW. ★★★★★ (Forecast 12.00)					Notes:	
5 (3)		1-58452	WELCOMING (FR) 8 b f No Nay Never - Love Over Gold	3 9 - 2	F Norton M Johnston	75
Jockey Colours: Red, black sash Timeform says: A winner at 2 yrs. 10/3, second of 4 in handicap at Beverley (8.4f, good to firm) 8 days ago, settling better again and just failing. Shortlist material. ★★★★★ (Forecast 4.50)					Notes:	
6 (6)		637-361	CONSPIRITOR 14 CD b g Charm Spirit - Royal Confidence	3 8 - 13	K Shoemark C Hills	72
Jockey Colours: Emerald green, red stars, emerald green sleeves Timeform says: 2/1, didn't need to improve to win 3-runner handicap at this C&D (firm) 14 days ago, cosily. This race is a lot more competitive. ★★★★★ (Forecast 5.50)					Notes:	

TIMEFORM VIEW: WELCOMING got firmly back on track when second at Beverley last week and can resume winning ways. Canal Rocks opened his account at Newbury and is respected again, this trip potentially his best.

Timeform 1-2-3:

- 1: WELCOMING (5)
- 2: CANAL ROCKS (3)
- 3: SHAKE ME HANDY (2)