








(R6) 16:30 BATH, 1m

Rainbow Casino Cardiff Handicap (Class 4) (3YO plus)

No(Dr)	Silk	Form	Horse Details	Age/Wt	Jockey/Trainer	OR
1 (5)		30-1457	WIND IN MY SAILS 5 CD b g Footstepsinthesand - Dylanesque	7 10 - 0	Seamus Cronin (5) Ed De Giles	79
Jockey Colours: Yellow, mauve hoops, yellow cap Timeform says: C&D winner. Latest win at Newbury in May. 33/1, seventh of 10 in handicap at Pontefract (8f, soft) 5 days ago. Excused that and wouldn't discount.★★★★☆ (Forecast 7.00)					Notes:	
2 (1)		9-22	SHAKE ME HANDY 145 gr g Eastern Anthem - Cloridja	4 9 - 6	R Winston R A Teal	71
Jockey Colours: Red, light blue spots Timeform says: Thrice-raced maiden. Off 145 days. Makes handicap/turf debut having been gelded. Could do better.★★★★☆ (Forecast 6.50)					Notes:	
3 (2)		03-3451	CANAL ROCKS 20 D br g Aussie Rules - In Secret	3 9 - 5	Jason Watson H Candy	78
Jockey Colours: Eton blue Timeform says: Career best when winning 9-runner handicap at Newbury (8f, good to firm, 7/2) 20 days ago. Could go well again.★★★★☆ (Forecast 4.00)					Notes:	
4 (4)		513415	LILIOFTHELAMPLIGHT (IRE) 18 D ch f Helmet - Lilakiya	3 9 - 5	R Ffrench M Johnston	78
Jockey Colours: Flame, gold seams, green cap Timeform says: Latest win at Newcastle in June. 6/1, fifth of 6 in handicap at Beverley (8.4f, good to firm) 18 days ago. Has looked best on AW.★★★★☆ (Forecast 12.00)					Notes:	
5 (3)		1-58452	WELCOMING (FR) 8 b f No Nay Never - Love Over Gold	3 9 - 2	F Norton M Johnston	75
Jockey Colours: Red, black sash Timeform says: A winner at 2 yrs. 10/3, second of 4 in handicap at Beverley (8.4f, good to firm) 8 days ago, settling better again and just failing. Shortlist material.★★★★★ (Forecast 4.50)					Notes:	
6 (6)		637-361	CONSPIRITOR 14 CD b g Charm Spirit - Royal Confidence	3 8 - 13	K Shoemark C Hills	72
Jockey Colours: Emerald green, red stars, emerald green sleeves Timeform says: 2/1, didn't need to improve to win 3-runner handicap at this C&D (firm) 14 days ago, cosily. This race is a lot more competitive.★★★★☆ (Forecast 5.50)					Notes:	
TIMEFORM VIEW: WELCOMING got firmly back on track when second at Beverley last week and can resume winning ways. Canal Rocks opened his account at Newbury and is respected again, this trip potentially his best.						
Timeform 1-2-3: 1: WELCOMING (5) 2: CANAL ROCKS (3) 3: SHAKE ME HANDY (2)						

TIMEFORM

1 (5)



30-1457

WIND IN MY SAILS 5 CD

b g Footstepsinthesand - Dylanesque

7 10 - 0

Seamus Cronin (5)

Ed De Giles

79

Jockey Colours: Yellow, mauve hoops, yellow cap

Timeform says: C&D winner. Latest win at Newbury in May. 33/1, seventh of 10 in handicap at Pontefract (8f, soft) 5 days ago. Excused that and wouldn't discount.★★★★☆ (Forecast 7.00)

CAREER STATS (Starts - Wins - 2nds - 3rds)

Flat Turf: 26 - 5 - 1 - 3


Jumps: 0 - 0 - 0 - 0

All Weather: 8 - 0 - 1 - 1

RECENT RACE BY RACE HISTORY

Date	Race Details	Going	Weight	Res (Dr)	Jockey	SP	1-2-3 Result / Close-up	OR
19 Jul 19	Pfr 8f Opt Claim Hcp Cls2 19K	Gd-Sft	8-9	7/10 (8) 12¼ len	Barry McHugh	33/1	1st Star Of Southwold, 2nd Calvados Spirit, 3rd Enigmatic always towards rear	79
29 Jun 19	Don 7f Hcp Cls4 6K	Gd	9-0	5/11 (8) 7¾ len	Toby Eley (7)	8/1	1st Atholblair Boy, 2nd Lucky Louie, 3rd Private Matter slowly into stride, held up, headway over 1f out, never on terms	80
03 Jun 19	Wnd 8f Hcp Cls3 7K	Gd-Fm	8-5	4/7 (5) 2¼ len	Toby Eley (7)	7/2f	1st Ballard Down, 2nd Mr Tyrrell, 3rd Family Fortunes steadied start, held up disputing 5th, headway over 2f out, ridden over 1f out, no extra well inside final furlong	80
17 May 19	Nbu 8f App Hcp Cls5 5K	Gd	9-7	1/17 (15) nse	Toby Eley	33/1	1st WIND IN MY SAILS, 2nd Regimented, 3rd Keeper's Choice held up in mid-division, headway chasing leaders over 2f out, went 2nd over 1f out, strong challenge near finish, led post	75
29 Jun 18	Don 8f Hcp Cls5 4K	Gd-Fm	10-3	10/12 (10) 13¾ len	A Kirby	5/2f	1st Golden Guest, 2nd Glorious Player, 3rd Rock Warbler mid-division, headway over 2f out, weakened over 1f out	77
14 Jun 18	Nbu 8f Hcp Cls4 7K	Gd-Fm	9-0	3/14 (3) 1¼ len	Callum Shepherd	6/1	1st Keeper's Choice, 2nd Michele Strogoff, 3rd WIND IN MY SAILS mid-division, headway over 2f out, driven to challenge over 1f out, ridden and every chance final furlong, kept on, held near finish	78

2 (1)



9-22

SHAKE ME HANDY 145

gr g Eastern Anthem - Cloridja

4 9 - 6

R Winston

R A Teal

71

Jockey Colours: Red, light blue spots

Timeform says: Thrice-raced maiden. Off 145 days. Makes handicap/turf debut having been gelded. Could do better.★★★★☆ (Forecast 6.50)

CAREER STATS (Starts - Wins - 2nds - 3rds)

Flat Turf: 0 - 0 - 0 - 0


Jumps: 0 - 0 - 0 - 0

All Weather: 3 - 0 - 1 - 1

RECENT RACE BY RACE HISTORY

Date	Race Details	Going	Weight	Res (Dr)	Jockey	SP	1-2-3 Result / Close-up	OR
01 Mar 19	Lin 7f Nov Cls5 3K	St	9-2	3/4 (1) hd	A Kirby	5/1	1st Tiger Eye, 2nd SHAKE ME HANDY, 3rd Your Choice led, took keen hold, headed after 1f, remained prominent, rallying when hampered over 1f out, stayed on well closing stages, finished 3rd placed 2nd after stewards enquiry	-
26 Jan 19	Lin 7f Mdn Cls5 4K	St	9-7	2/6 (7) ½ len	Seamus Cronin (7)	11/1	1st Moonraker, 2nd SHAKE ME HANDY, 3rd Haze slowly into stride, held up, headway on inside and squeezed through to lead just over 1f out, ridden and headed close home	-
28 Dec 18	Lin 8f Nov Cls5 4K	St	9-2	9/11 (1) 18½ len	Rossa Ryan	20/1	1st Let Rip, 2nd Oneovdm, 3rd Skydiving dwelt in touch, effort 3f out, ridden and weakened over 1f out	-

3 (2)



03-3451

CANAL ROCKS 20 D

br g Aussie Rules - In Secret

3 9 - 5

Jason Watson

H Candy


78

Jockey Colours: Eton blue

Timeform says: Career best when winning 9-runner handicap at Newbury (8f, good to firm, 7/2) 20 days ago. Could go well again.★★★★☆ (Forecast 4.00)

CAREER STATS (Starts - Wins - 2nds - 3rds)								
Flat Turf: 8 - 1 - 0 - 2				Jumps: 0 - 0 - 0 - 0			All Weather: 1 - 0 - 0 - 1	
RECENT RACE BY RACE HISTORY								
Date	Race Details	Going	Weight	Res (Dr)	Jockey	SP	1-2-3 Result / Close-up	OR
04 Jul 19	Nbu 8f 3y Hcp CIs5 3K	Gd-Fm	9-4	1/9 (9) 2 len	Jason Watson	7/2f	1st CANAL ROCKS , 2nd Quarry Beach, 3rd Rambaldi keen, always prominent, led over 1f out, ridden and kept on well inside final furlong	72
10 Jun 19	Les 10f 3y Hcp CIs4 5K	Gd-Sft	9-1	5/8 (7) 11 len	David Probert	6/1	1st Amjaady, 2nd Asian Angel, 3rd Just The Man in rear, pushed along 3f out, ridden 2f out, never nearer	74
27 May 19	Wnd 8f 3y Hcp CIs5 4K	Gd-Fm	8-13	4/14 (4) 4 len	Georgia Dobie (7)	4/12f	1st Lethal Missile, 2nd Rock The Cradle, 3rd Sassoon held up mid-division, slightly hampered bend over 5f out, ridden and switched right to stands rail well over 1f out, staying on when switched right inside final furlong, took 4th close home	74
03 Apr 19	Kmp 7f 3y Hcp CIs5 4K	St/Slw	8-13	3/13 (9) 2½ len	Georgia Dobie (7)	8/1	1st Balata Bay, 2nd Regular, 3rd CANAL ROCKS mid-division, headway on outside and pushed along 2f out, ridden and kept on in 3rd inside final furlong	74
24 Oct 18	nmk 7f 2y Hcp CIs5 5K	Gd	9-3	3/14 (3) 1 len	Fran Berry	16/1	1st Al Fajir Mukbile, 2nd Steeve, 3rd CANAL ROCKS tracked leaders, pushed along and every chance 2f out, kept on one pace final furlong	71
06 Oct 18	Red 6f 2y List CIs1 99K	Gd	8-9	13/21 (2) 10¼ len	Cam Hardie	40/1	1st Summer Daydream, 2nd Beat Le Bon, 3rd Kodyanna mid-division, ridden and outpaced 2f out, never on terms, weakened final furlong	75

4 (4)



513415

LILIOFTHELAMPLIGHT (IRE) 18 D

3 9 - 5

R Ffrench
M Johnston

78

ch f Helmet - Lilakiya

Jockey Colours: Flame, gold seams, green cap

Timeform says: Latest win at Newcastle in June. 6/1, fifth of 6 in handicap at Beverley (8.4f, good to firm) 18 days ago. Has looked best on AW.★★★★☆ (Forecast 12.00)

CAREER STATS (Starts - Wins - 2nds - 3rds)


Flat Turf: 3 - 0 - 0 - 1

Jumps: 0 - 0 - 0 - 0


All Weather: 3 - 2 - 0 - 0

RECENT RACE BY RACE HISTORY

Date	Race Details	Going	Weight	Res (Dr)	Jockey	SP	1-2-3 Result / Close-up	OR
06 Jul 19	Bev 8.5f Hcp CIs3 16K	Gd-Fm	9-0	5/6 (2) 7 len	Connor Beasley	6/1	1st Bighearted, 2nd Deira Surprise, 3rd Harvest Day held up in touch in rear, ridden over 2f out, never pace to challenge	78
28 Jun 19	Ncs 8f Hcp CIs4 6K	St/Slw	9-3	1/11 (5) nk	P J McDonald	25/1	1st LILIOFTHELAMPLIGHT, 2nd Paparazzi, 3rd Najashee, 3rd Elamirr tracked leaders, ridden over 1f out, challenged inside final furlong, led narrowly inside final 110 yards, kept on	76
14 Jun 19	San 8f 3y Hcp CIs4 7K	Sft	9-5	4/4 (1) 3½ len	P J McDonald	11/1	1st Sufficient, 2nd Nooshin, 3rd I Am Magical tracked leader 3f, raced in 3rd, ridden 2f out, soon lost 3rd and weakened	79
21 May 19	Bgh 8f 3y Nov CIs5 4K	Gd-Fm	9-5	3/7 (1) 10½ len	J Fanning	6/1	1st Dudley's Boy, 2nd Voltaic, 3rd LILIOFTHELAMPLIGHT led, ridden and headed over 1f out, kept on same pace	-
22 Apr 19	wol 9f 3-5y Nov CIs6 3K	St	8-12	1/6 (3) nk	J Fanning	11/1	1st LILIOFTHELAMPLIGHT, 2nd Sunset Flash, 3rd Fields Of Dreams chased leader, challenged over 2f out, ridden 1f out, ran on to lead near finish	-
06 Mar 19	Kmp 8f 3y Nov Div2 CIs5 4K	St/Slw	8-11	5/10 (3) 14 len	J Fanning	11/1	1st Ebury, 2nd Majestic Dawn, 3rd Htiominlo slowly into stride, in rear, some headway over 1f out, no chance with leaders	-

5 (3)		1-58452	WELCOMING (FR) 8			3 9 - 2		F Norton M Johnston		75
			b f No Nay Never - Love Over Gold							
Jockey Colours: Red, black sash Timeform says: <i>A winner at 2 yrs. 10/3, second of 4 in handicap at Beverley (8.4f, good to firm) 8 days ago, settling better again and just failing. Shortlist material.★★★★★</i> (Forecast 4.50)										
CAREER STATS (Starts - Wins - 2nds - 3rds)										
Flat Turf: 7 - 1 - 2 - 1				Jumps: 0 - 0 - 0 - 0				All Weather: 1 - 0 - 0 - 0		
RECENT RACE BY RACE HISTORY										
Date	Race Details		Going	Weight	Res (Dr)	Jockey	SP	1-2-3 Result / Close-up		OR

16 Jul 19	Bev 8.5f Hcp CIs4 5K	Gd-Fm	9-4	2/4 (3) shd	J Fanning	10/3	1st How Bizarre, 2nd WELCOMING, 3rd Ghayyar tracked winner, pushed along 2f out, ridden and ran on towards finish, not quite reach winner	77
07 Jul 19	Ayr 7f Hcp CIs5 3K	Gd-Fm	9-11	5/10 (9) 7¼ len	F Norton	7/1	1st Global Spirit, 2nd Esprit De Corps, 3rd Pudding Chare chased leaders, went 2nd briefly and every chance 2f out, chased leaders, weakened inside final furlong	77
17 Jun 19	Ntt 6f 3y Hcp CIs4 6K	Sft	9-2	4/5 (5) 4 len	S De Sousa	11/2	1st Aplomb, 2nd James Watt, 3rd Lady Calcaria keen close up in rear, switched left 2f out, soon every chance, ridden and kept on same pace	79
10 May 19	Asc 6f 3y Hcp CIs4 7K	Sft	9-6	8/10 (16) 7½ len	A Kirby	3/1f	1st Whelans Way, 2nd Aplomb, 3rd Tinto keen tracked winner, ridden and every chance over 1f out, weakened final furlong	81
30 Mar 19	Kmp 6f 3y Hcp CIs4 6K	St/Slw	9-3	5/12 (12) 2 len	Hector Crouch	8/1	1st Probability, 2nd Magical Wish, 3rd Uncle Jerry tracked winner, pushed along 2f out, faded inside final furlong	81
19 Oct 18	Hdo 6f 2y Nov CIs4 6K	Hy	9-0	1/5 (5) 4 len	A Kirby	6/5f	1st WELCOMING, 2nd Warning Fire, 3rd Last Empire tracked leaders, led over 1f out, kept on well	-

6 (6)		637-361	CONSPIRITOR 14 CD			3 8 - 13	K Shoemark C Hills	72
b g Charm Spirit - Royal Confidence								
Jockey Colours: Emerald green, red stars, emerald green sleeves								
Timeform says: 2/1, didn't need to improve to win 3-runner handicap at this C&D (firm) 14 days ago, cosily. This race is a lot more competitive.★★★★☆ (Forecast 5.50)								
CAREER STATS (Starts - Wins - 2nds - 3rds)								
Flat Turf: 6 - 1 - 0 - 2				Jumps: 0 - 0 - 0 - 0		All Weather: 1 - 0 - 0 - 0		
RECENT RACE BY RACE HISTORY								
Date	Race Details	Going	Weight	Res (Dr)	Jockey	SP	1-2-3 Result / Close-up	OR
10 Jul 19	Bat 8f 3y Hcp CIs4 5K	Fm	9-5	1/3 (3) ¾ len	K Shoemark	2/1f2	1st CONSPIRITOR, 2nd Creek Island, 3rd Greeley disputed lead 2f, tracked leader, effort over 2f out, soon ridden and upsides, led narrowly when bumped runner-up slightly inside final furlong, stayed on well towards finish	71
09 Jun 19	Gwo 7f 3y Hcp CIs5 6K	Gd-Sft	9-5	6/9 (7) 12 len	R Kingscote	11/2	1st Sir Busker, 2nd Bring Us Paradise, 3rd Balata Bay prominent, led narrowly 4f out, ridden and headed over 2f out, weakened entering final furlong	73
30 May 19	San 8f 3y Hcp CIs4 6K	Gd-Fm	8-11	3/10 (3) 4 len	R Kingscote	25/1	1st Fox Leicester, 2nd Hold Still, 3rd CONSPIRITOR led 3f, settled 3rd over 4f out, ridden switched left and went 2nd again over 2f out, lost 2nd inside final furlong, one pace in 3rd	73
26 Oct 18	Kmp 7f 2y Hcp CIs4 6K	St/Slw	9-4	7/9 (6) 5¼ len	Jason Watson	10/1	1st Uncle Jerry, 2nd Ginger Fox, 3rd Golden Valour last pair, never on terms	73
14 Sep 18	Sal 6f 2y Nov CIs4 5K	Gd-Fm	8-12	3/8 (4) 10½ len	Charlie Bennett	7/1f2	1st Jash, 2nd Ginger Fox, 3rd CONSPIRITOR tracked leaders, driven over 2f out, ridden and stayed on into 3rd inside final furlong, never able to challenge	-
31 Jul 18	Gwo 6f 2y Mdn CIs2 16K	Gd	9-0	6/11 (11) 5¼ len	G Mosse	100/1	1st Watan, 2nd Dirty Rascal, 3rd Enough Already held up behind leaders, pushed along over 2f out, effort when not clear run over 1f out, switched right entering final furlong, never dangerous	-