

PDF Form Guide - Free from attheraces.com with IIIIIIII

(R3) 17:30 LINGFIELD (A.W.), 1m 1y Heed Your Hunch At Betway Handicap (Div 1) (Class 4) (4YO plus) Horse Details Age/Wt Jockey/Trainer OR No(Dr) Form CORAZON ESPINADO (IRE) 87 CD L Morris 242-136 86 S Dow b h Iffraai - Three Decades Jockey Colours: Brown, light blue seams and armlets, light blue and brown hooped cap Timeform says: C&D winner. 1 win from 3 runs this year. Latest win here in January. 9/1. sixth of 7 in handicap at this course (7f, AW) 87 days ago. **** (Forecast 11.00) Nicola Currie 3480-55 **ADELANTE** (FR) 84 49-7 85 George Baker ch f Zoffany - Make Up Jockey Colours: Purple, red stars, hooped sleeves and cap Timeform says: Fifth of 7 in handicap at Wolverhampton (7.2f, 8/1) 84 days ago **** **ELMEJOR** (IRE) 87 C 49-7 K T O'Neill 85 3 (8) J R Best b a Xtension - Lyca Ballerina Jockey Colours: White, orange seams, orange sleeves, white stars, white cap, orange star Timeform says: Course winner, 2 wins from 3 runs this year, Latest win at Saint Moritz in February. 13/2, good third of 7 in handicap at this course (7f, AW) 87 days ago. (Forecast 9.50) 643060- **POETIC FORCE** (IRE) 222 C D George Downing 69-6 84 A W Čarroll ch q Lope De Vega - Obligada Jockey Colours: Royal blue, light blue stars on sleeves Timeform says: Course winner. 50/1, tenth of 13 in handicap at Kempton (8f), not clear run. Off 7 months. ***** (Forecast 26.00) 1142-23 **DRAGON SUN** 86 CD BF Rossa Ryan 82 R Hannon ch g Pivotal - Moon Sister Jockey Colours: Pink, emerald green chevron, halved sleeves, quartered cap Timeform says: C&D winner. Respectable third of 8 in handicap at Chelmsford City (7f, 2/1) 86 days ago. Shortlist material despite a 6 lb rise. **** (Forecast 4.50) LADY BOWTHORPE 227 C 49-3 Thomas Greatrex 81 b f Nathaniel - Maglietta Fina W Jarvis Jockey Colours: Purple, orange stars, emerald green sleeves, purple armlets, orange cap Timeform says: Course winner, Good second of 7 in handicap at Newmarket (8f. soft, 3/1). sticking to task. Off 7 months. Can make presence felt if fully wound up. ***** (Forecast 5.50) 514243- **CANAL ROCKS** 222 D Dane O'Neill 49-3 81 H Candy br q Aussie Rules - In Secret Jockey Colours: Eton blue Timeform says: Good third of 13 in handicap (16/1) at Kempton (8f). Off 7 months. 2364-53 **BABY STEPS** 117 49-2 M Harley 80 David Loughnane b g Paco Boy - Stepping Out Jockey Colours: Emerald green, black armlets, black cap

Timeform says: Respectable third of 6 in handicap at Wolverhampton (7.2f, 5/2), having run of race. Off 117 days and could be vulnerable late over this trip.

432066- HOLD STILL (IRE) 247
b g Bated Breath - Effervesce 49 - 0 Lewis Edmunds W R Muir 78

Jockey Colours: Red, yellow epaulets, armlets and cap

Timeform says: 14/1, sixth of 9 in handicap at Chelmsford City (8f). Off 8 months but did run

well after a similar absence last term. ★★★☆ (Forecast 10.00)

TIMEFORM VIEW: Lightly-raced filly LADY BOWTHORPE stays in training as a 4-y-o and there could be more to come from this daughter of Nathaniel with her having posted 2 excellent runner-up efforts to end 2019. Dragon Sun's new mark has kicked in but it remains a very fair one, with Hold Still another to consider.

Timeform 1-2-3:

1: LADY BOWTHORPE (6)

2: DRAGON SUN (5)

3: HOLD STILL (9)





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