PDF Form Guide - Free from attheraces.com with Timber

(R4) 14:30 HAMILTON WITH scottishracingacademy.co.uk Handicap (Class 5) (3YO plus)

No(Dr) Silk Form Horse Details Age/Wt Jockey/Trainer OR

1 (9) 182653 SMEATON (IRE) 11 CD b g Sir Prancealot - Sunny Harbor 4 9 - 12 B A Curtis R G Fel 70

Jockey Colours: Yellow, orange star

Timeform says: C&D winner who returned to form back down in trip when third of 13 in handicap (33/1) at Pontefract (8f, good) 11 days ago. Not taken lightly. (Forecast 6.50)

2 (6) 0-03125 STAR OF VALEUR (IRE) 23 D b g Invincible Spirit - Birthstone 5 9 - 12 Callum Rodriguez Miss L C Siddal 70

Jockey Colours: White, royal blue sears, royal blue and white striped sleeves, yellow cap

Timeform says: Latest win at Haydock in July. Creditable fifth of 15 in handicap at Haydock (8.2f, soft, 13.2f) 23 days ago. (Forecast 5.80)

3 (2) 12220-0 ESPRESSO FREDDO (IRE) 27 D b g Fast Company - Spring Bouquet 6 9 - 10v J Fanning Robert Stephens 68

Jockey Colours: Red and emerald green diamonds, red sleeves, emerald green amlets, white cap

Timeform says: Tenth of 11 in handicap at Kempton (11f, 100/1) 27 days ago, probably needing the run after 10 months off. Back down in trip with visor refitted. (Forecast 29.00)

4 (3) 889607 AL QAHWA (IRE) 11 ch g Fast Company - Cappuccino 7 9 - 10 Harrison Shaw (3) Miss Katie Scott 68

Jockey Colours: Black, white chevrons, white and black hooped sleeves, white cap

Timeform says: Is down to a career-low mark and got back on track when third of 13 in handicap at Chester (7.6f, good to soft) 17 days ago, despite not being ideally placed. One to bear in mind. (Forecast 26.00)

5 (5) 58-2803 MOXY MARES 17 D ch g Motivator - Privaloca 5 9 - 10 Megan Nicholls (3) Mark Loughnane 68

Jockey Colours: White, black stars, striped sleeves and stars on cap

Timeform says: Is down to a career-low mark and got back on track when third of 13 in handicap at Chester (7.6f, good to soft) 17 days ago, despite not being ideally placed. One to bear in mind. (Forecast 8.50)

6 (12) 0-70800 HELOVAPLAN (IRE) 11 D b g Helmet - Watsoplan 6 9 - 9 G Lee B Smart 67

Jockey Colours: Yellow, red hoobs, checked sleeves

Timeform says: Twelfth of 13 in handicap at Pontefract (8f, good, 20/1) 11 days ago. Has had a wind operation ahead of handicap debut. (Forecast 23.00)

7 (4) 4-78 CELESTIAL BLISS 67 b g Oasis Dream - La Pomme D'amour 3 9 - 7 Kevin Stott K A Ryan 69

Jockey Colours: Gold and black check, pink sleeves and cap

Timeform says: Thrice-raced maiden. 14/1, eighth of 10 in maiden at Pontefract (8f, good) 67 days ago. Has had a wind operation ahead of handicap debut. (Forecast 15.00)

8 (13) 136P/1- J Garrity Miss L C Siddal 64

Jockey Colours: White, royal blue sears, royal blue and white striped sleeves, white cap

Timeform says: Has gone well fresh in the past but probably needed the run after 20 months off when last of 7 in handicap at Haydock (8.2f, soft, 100/1) 18 days ago. (Forecast 41.00)

9 (10) 0-85148 DANDY'S ANGEL (IRE) 14 b f Dandy Man - Party Pipit 3 9 - 6p1 D C Costello J S Wainwright 68

Jockey Colours: Yellow, light green hoop, light blue cap

Timeform says: Winner at Catterick in August, 14/1, below form eighth of 14 in handicap at Thirsk (8f, good) 14 days ago, unsuited by way race developed. Cheekpieces at 1st time. (Forecast 26.00)

10 (7) 0-70650 STRONG STEPS 10 D br g Aqlaam - Wunders Dream 8 9 - 2p C Lee J S Goldie 60

Jockey Colours: Pink, royal blue chevrons and amlets

Timeform says: Last of 13 in handicap at Ayr (8f, good to soft, 33/1) 10 days ago. Has yet to fire this season. (Forecast 29.00)

11 (11) 0-474U4 SANDS CHORUS 20 D b g Footstepsinsameland - Wood Chorus 8 9 - 0p Gemma Tuffy (3) Mrs K J Tuffy 58

Jockey Colours: Royal blue, yellow hoop, diamonds on sleeves, royal blue cap, yellow spots

Timeform says: Thirty runs since last win in 2017. Respectable fourth of 12 in handicap at Newcastle (10.2f, 91/1) 20 days ago. (Forecast 17.00)

12 (14) 221161 AYR POET (EX5) 8 C D b g Poet's Voice - Jabbarra 5 8 - 13 D Tudhope J S Goldie 57

Jockey Colours: Yellow, dark blue stars, halved sleeves

Timeform says: Wins from 7 runs this year. Career best when winning 8-runner handicap at this course (9.2f, soft, 5/4) 8 days ago. Carries penalty and may do better still. (Forecast 1.00)

13 (1) 143621 FLYING MOON (GER) (EX5) 7 CD b g Sea The Moon - Finty 4 8 - 12 P Mathers R Michael Smith 56

Jockey Colours: Maue, white chevron, orange sleeves and cap

Timeform says: Resumed winning ways in 14-runner handicap at this C&D (soft) 7 days ago by neck from Talk Now, caught further back than ideal. Carries penalty. (Forecast 9.00)

14 (8) 0-21182 TALK NOW (IRE) 7 D b m Finjaan - Tartan Blue 5 8 - 11 A Mullen I Jardine 55

Jockey Colours: Grey, pink and grey halved sleeves, pink cap

Timeform says: Wins from 5 runs this year. Latest win at Beverley in August, 7f, good second neck of 14 to Flying Moon in handicap at this C&D (soft) 7 days ago. Mentis consideration. (Forecast 10.00)

TIMEFORM VIEW: AYR POET took another step forward to notch a third win in his last 4 outings here 8 days ago, and his limit may not yet have been reached, so he gets the nod to go in again. Smeaton returned to form at Pontefract 11 days ago and drops in grade now, so is well respected, while Talk Now and Moxy Mares complete the shortlist.

Timeform 1-2-3:
1: AYR POET (12)
2: SMEATON (1)
3: TALK NOW (14)